



Improving Health
Changing **Lives**

Community Benefit | Annual Report FY 2019



EL CAMINO HEALTHCARE DISTRICT



Community Benefit Financial Report FY 2019

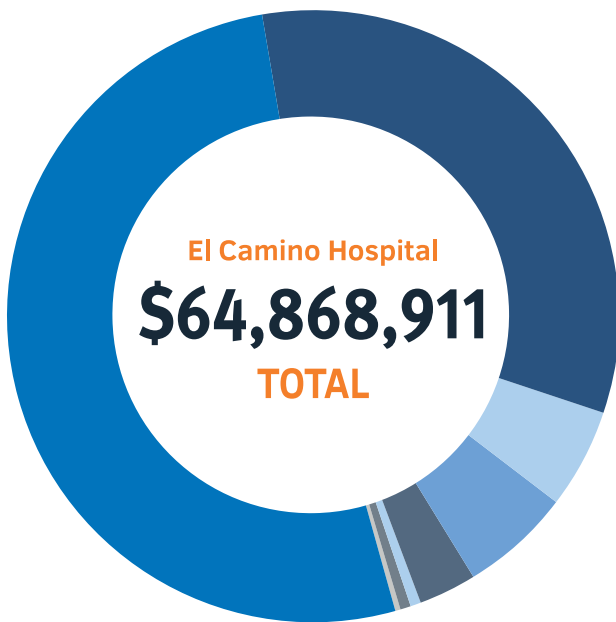
El Camino Healthcare District

\$7,233,496
GRANTS & SPONSORSHIPS

El Camino Hospital

\$3,802,846
GRANTS & SPONSORSHIPS

\$64.9M El Camino Hospital
TOTAL COMMUNITY BENEFIT



- \$33,618,096** Government-Sponsored Healthcare (Unreimbursed Medi-Cal)
- \$21,291,293** Subsidized Health Services
- \$3,351,626** Financial Assistance (Charity Care)
- \$3,802,846** Grants and Sponsorships
- \$1,963,110** Health Professions Education
- \$425,155** Clinical Research
- \$255,751** Community Benefit Operations
- \$161,034** Community Health Improvement Services

+ \$108M in Uncompensated Medicare
(Not Included in Community Benefit Total)

Read our full report online at elcaminohealth.org/communitybenefit2019

From Our Leadership

DEAR COMMUNITY MEMBERS,

We invite you to read the FY 2019 Community Benefit Report for El Camino Healthcare District and El Camino Hospital, “Improving Health, Changing Lives.” The report highlights our financial investment in community health and how we, together with our partners, are responding to the unmet health needs of our neighbors, particularly the most vulnerable and underserved. In FY 2019 our investments included:

- **El Camino Hospital Total Community Benefit:** \$64.9 million serving 117,860 people, including \$3.8 million for grants and sponsorships.
- **El Camino Healthcare District Community Benefit:** \$7.2 million in grants and sponsorships serving 75,140 people.
- **\$11 million** combined total for 103 grants and 71 sponsorships.

The El Camino Hospital Total Community Benefit included charity care and unreimbursed MediCal for nearly 12,000 patients at our two hospitals. Through community grants, the District and the Hospital both fund local efforts to provide access to quality health and wellness services through grant partnerships with the safety net clinics, school districts and nonprofit organizations highlighted in this report.

These investments promote better health, often through culturally relevant, multilingual programs recognizing the rich diversity of our community. Highlights of our combined community grants programs from both the District and Hospital include:

- **110,990 students** at local schools received care from nurses, health screenings, mental health counseling, and physical activity and nutrition programs.
- **26,900 people** received free primary care, management services for chronic diseases and related health services.
- **10,980 people** received free mental health services.

In response to growing mental health needs, we have increased our grants program and welcome the opening of the new Taube Pavilion with additional inpatient beds and a dedicated women’s unit. On all fronts, we are ensuring there are more mental health services in schools, community clinics, and through our Scrivner Center for Mental Health & Addiction Services.

Please take a moment to learn more about how our Community Benefit commitment is improving lives.

Peter C. Fung, MD, FY19 Chair, Board of Directors, El Camino Healthcare District

Lanhee J. Chen, Chair, FY19 Chair, Board of Directors, El Camino Hospital

Dan Woods, Chief Executive Officer, El Camino Health and El Camino Healthcare District

El Camino Healthcare District Board of Directors

Peter C. Fung, MD, MS, FACP, FAAN, FAHA, FY19 Chair, FY19 Community Benefit Advisory Council (CBAC) Board Liaison

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Julia E. Miller, FY19 Vice Chair, FY19 CBAC Board Liaison

George O. Ting, MD

John L. Zoglin, FY19 Secretary/Treasurer

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George O. Ting, MD

Don C. Watters

John L. Zoglin, FY19 Vice Chair

El Camino Health

Dan Woods, Chief Executive Officer, El Camino Health and El Camino Healthcare District



EL CAMINO HEALTHCARE DISTRICT



FISCAL YEAR 2019
Community Benefit Grant Funding



\$11 MILLION COMBINED INVESTMENTS FOR **174 GRANTS** AND **SPONSORSHIPS**
TO ADDRESS UNMET HEALTH NEEDS IN OUR COMMUNITY

Healthy Body Partners

These grants aim to prevent the onset of disease and improve access to primary care, chronic disease management, oral health, and health and wellness education.

5210 Health Awareness Program Partnership

School-based nutrition and health program at Cambrian, Campbell, Cupertino Union, Fremont and Sunnyvale School Districts

Funding: **El Camino Healthcare District (ECHD)**

El Camino Hospital (ECH)

Bay Area Women's Sports Initiative (BAWSI)

Physical activity and self-esteem program for girls at Campbell and Sunnyvale School Districts

ECHD, ECH

Breathe California

Screenings, education and home assessment for families of children with asthma and seniors with respiratory conditions

ECHD, ECH

Cambrian School District

School nurse program

ECH

Campbell Union School District

School nurse program

ECH

Cancer CAREpoint

Nutrition education and support

ECH

Challenge Diabetes Program

Pre-diabetes screening and education for community service agencies

ECH

Community Health Partnership

Safety net clinic capacity building and training

ECH

Community Services Agency, Mountain View

Intensive case management for seniors with chronic disease

ECHD

Cristo Rey Network

School health and wellness program

ECH

Cupertino Union School District

School nurse program

ECHD, ECH

Day Worker Center

Promoting wellness and nutrition among the underserved

ECHD

Fresh Approach

Mobile Farmers Market and nutrition education

ECHD

Gardner Family Health Network

Clinical services and healthy behavior change program for pre-diabetic and diabetic patients

ECH

GoNoodle

Movement and mindfulness programs for youth at 184 schools in 17 school districts

ECHD, ECH

Health Mobile

Mobile dental services for homeless and low-income community members

ECHD

Healthier Kids Foundation

Dental and hearing screenings for children

ECHD, ECH

Hope's Corner

Nutritious meals for homeless and the food insecure

ECHD

Indian Health Center

Clinical services and healthy behavior change program for at-risk and diabetic youth

ECH

Living Classroom

Garden-based school nutrition program at Mountain View Whisman and Sunnyvale School Districts

ECHD

Lucile Packard Foundation for Children's Health

Teen Health Van at Mountain View Los Altos High School District for at-risk youth

ECHD

Magical Bridge Foundation

Playgrounds designed for children with disabilities in Mountain View and Sunnyvale

ECHD

MayView Community Health Center

Primary care and preventive services for uninsured

ECHD

Medical Respite

Medical care and social services for homeless patients

ECHD, ECH

Mount Pleasant School District

School nurse program

ECH

Mountain View Whisman School District

School nurse program

ECHD

New Directions

Coordination of care and connection to safety net services for homeless and at-risk community members

ECHD

Pathways Home Health and Hospice

Compassionate care for the uninsured and underinsured

ECHD

Planned Parenthood Mar Monte

Primary care and preventive health services for the underserved at the Mountain View Health Center

ECHD

Pre-Diabetes Initiative

Awareness, screening and chronic disease management resources for pre-diabetes

ECH

Playworks

Physical activity and school climate program in Campbell Union, Mountain View Whisman and Sunnyvale School Districts

ECHD, ECH

Reach Potential Movement

Physical activity and health programs for low-income youth in Sunnyvale

ECHD

The Health Trust

Meals on Wheels program for older adults

ECHD

Santa Clara County Public Health Department – Better Health Pharmacy

No-cost medication program for low-income individuals

ECH

Santa Clara Valley Medical Center

Primary and behavioral mobile healthcare for homeless and dental services for low-income and homeless adults

ECHD

Sunnyvale School District

School nurse program

ECHD

Tower Foundation of San Jose State University

Rehabilitation, awareness and community education for stroke (RACES)

ECH

Vista Center for the Blind and Visually Impaired

Vision rehabilitation program

ECHD, ECH

Healthy Mind Partners

These grants provide access to mental health services for youth and adults and address issues such as depression, anxiety, dementia, domestic violence and substance abuse.

Acknowledge Alliance

Resilience and social emotional learning lessons for students

ECHD

Almaden Valley Counseling Service

School-based social emotional skill building

ECH

Alum Rock Counseling Center

Counseling for at-risk youth

ECH

Alzheimer's Association

Asian Dementia Initiative and Latino Family Connections: Culturally-based services for patients and caregivers

ECHD, ECH

Avenidas

Adult day health program

ECHD

Bill Wilson Center

Psychotherapy for children who have suffered abuse

ECH

Cambrian School District

Mental health counseling

ECH

Center for Age-Friendly Excellence

Senior inclusion and participation project

ECHD

CHAC

Mental health counseling at Sunnyvale School District

ECHD

Child Advocates of Silicon Valley

Advocacy and support services for foster teens

ECH

Counseling and Support Services for Youth (CASSY)

Mental health counseling at Campbell Union School District

ECH

Cupertino Union School District

Mental health counseling

ECH

Eating Disorders Resource Center

Support for recovery

ECHD

Jewish Family Services of Silicon Valley

Mental health support for low-income older adults

ECH

Friends for Youth

Connecting at-risk youth with supportive mentors

ECHD

Law Foundation of Silicon Valley

Removing legal barriers to mental health services

ECHD

LifeMoves

Behavioral health services at homeless shelters

ECH

Los Altos School District

Mental health counseling

ECHD

Mission Be

Mindfulness training for elementary and high school students

ECHD

Momentum for Mental Health

Psychiatric services and medication management for the underinsured and uninsured

ECHD, ECH

Mountain View Los Altos Union High School District

Mental health counseling

ECHD

National Alliance on Mental Illness (NAMI)

Santa Clara County

Peer support for mental health conditions

ECHD

Peninsula HealthCare Connection

Psychiatric services and medication management for homeless and at-risk community members

ECH

Respite and Research for Alzheimer's Disease

Addressing senior isolation and providing caregiver respite

ECH

Teen Success, Inc.

Promoting self-sufficiency and health education for teen mothers

ECH

Uplift Family Services

Mental health counseling and addiction prevention services for Campbell Union High School District

ECH

YWCA of Silicon Valley

Support for at-risk women

ECHD



Healthy Community Partners

These grants promote the improvement of overall health in the community with programs that focus on falls prevention, health screenings, domestic violence and social work case management.

Abode Services

Promoting housing security for families through assistance and case management

ECH

American Heart Association

Hypertension initiative: blood pressure awareness, screening and blood pressure management

ECHD

Chinese Health Initiative

Screenings and education

ECHD, ECH

Family & Children Services (a division of Caminar)

Domestic violence survivor services

ECHD

Farewell to Falls

In-home assessment, education and exercise recommendations

ECHD

Health Library & Resource Center - Los Gatos & Mountain View

Eldercare support, health information and medical literature searches

ECHD, ECH

Maitri

Culturally focused crisis counseling and legal representation for domestic violence victims

ECHD

Matter of Balance

Falls prevention classes for seniors

ECHD

Mountain View Police Department, Youth Services Unit

Camps for at-risk youth

ECHD

Next Door Solutions

Crisis counseling, shelter services and support for victims of domestic violence

ECH

Pacific Hearing Connection

Screening and access to free or reduced-cost hearing aids for children and adults

ECH

Racing Hearts

Automated External Defibrillator (AED) Program, placing nearly 800 devices throughout Santa Clara County, including all public schools

ECH



Rebuilding Together

Home repair program for seniors at risk for falls

ECHD

RoadRunners

Patient transportation program

ECHD

Silicon Valley Bicycle Coalition

Promoting safe physical activity in affordable housing communities

ECH

South Asian Heart Center

Screenings and education for heart disease and diabetes

ECHD, ECH

Sunnyvale Community Services

Emergency assistance and social work case management

ECHD

Valley Verde

Home gardens and nutrition education for low-income households

ECH

West Valley Community Services

Social work case management, benefits assistance, and nutrition workshops for at-risk families and seniors

ECHD

YMCA Silicon Valley

Summer camp for low-income youth

ECHD

Our Partnerships Achieved Meaningful Results

THROUGH 103 GRANTS IN FY2019, we addressed the health needs of our most vulnerable community members, gave youth a healthier start in life, and improved mental health. Our partners helped people with complex health and life circumstances get medical and dental services and connect them to public benefits. At schools, nurses and mental health counselors filled the gap in care for at-risk students while other programs helped youth make healthy food choices, exercise and build self-esteem. We are ensuring that more people can get mental health services in schools, community clinics and settings such as homeless shelters. Through culturally appropriate, multilingual services, our partnerships are making the community healthier and more vibrant.

Clinics & Community Health

\$5.8 million
INVESTED

26,900
PEOPLE SERVED



121,430
Services Provided



14,470
Older Adults Served



5,860
Dental Services Provided



11,230
People Served Through
Nutrition Education &
Food Access Programs



“The Community Benefit grant allows our clinic to extend our mission and services to low-income individuals and families in order for them to access quality medical care, regardless of their ability to pay.”

— Kenneth Graham, CEO at MayView Community Health Center

Health in Schools

\$3.3 million

INVESTED

110,990

STUDENTS SERVED



21,240

Students Served
by School Nurses



255

Schools benefited from
grant programs



28

School Districts benefited
from grant programs



78,090

Youth Building Healthy
Behaviors Through Exercise
& Nutrition Programs

“This grant makes a huge difference in the lives of our students. Our grant-funded healthcare providers support our students, who otherwise may not receive the care they need. The school nurse not only supports students’ daily health needs but also provides outreach and resources to families who need assistance.”

—Kari Ito, Principal at Nimitz Elementary School in Sunnyvale, Cupertino Union School District

Mental Health

\$2.9 million

INVESTED

10,980

PEOPLE SERVED



24,900

Hours of Mental Health
Services for K-12 Schools



81%

Teens Who Reduced
High Risk Behavior
Post-program



30,330

Adult Mental Health
Services Provided



90%

Homeless People
Who Report Improved
Well-being Post-therapy

Grant Cycle and Timeline

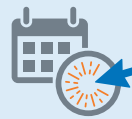
EL CAMINO HEALTHCARE DISTRICT AND EL CAMINO HOSPITAL PROVIDE ANNUAL GRANTS to community-based organizations, clinics and schools to address local unmet health needs. This annual report provides an overview of these programs and the critical services they deliver.

This year, we published the 2019 Community Health Needs Assessment (CHNA), which guides the Community Benefit grants program using the following priority area framework: Healthy Body, Healthy Mind and Healthy Community. Every three years, El Camino Hospital conducts a CHNA to determine the most pressing health issues in our region alongside other local healthcare leaders — including six nonprofit hospitals, Santa Clara County Public Health Department, the Hospital Council of Northern and Central California, and Palo Alto Medical Foundation.

The annual grant cycle opens in January each year. For more information about grants and to access the 2019 CHNA visit: elcaminohealth.org/communitybenefit, or elcaminohealthcaredistrict.org/communitybenefit.

In the last five years, El Camino Healthcare District and El Camino Hospital invested \$47.4 million in community grants and sponsorships.

JANUARY



Grant Applications Available on District and Hospital Websites

FEBRUARY



Grant Applications Due

MARCH / APRIL / MAY

Application Review with Community Benefit Advisory Council

Development of Annual Community Benefit Plan

JUNE

District and Hospital Boards of Directors Review Community Benefit Plans
Applicants Notified of Funding Approvals

JULY



New Fiscal Year Grant Programs Begin

FY 2019 Sponsorship Recipients

El Camino Healthcare District

Adolescent Counseling Services
American Diabetes Association
American Red Cross
Avenidas
BAWSI (Bay Area Women's Sports Initiative)
CHAC (Community Health Awareness Council)
City of Mountain View Senior Center
City of Sunnyvale Senior Center
Community Services Agency Mountain View
Downtown Streets Team Addressing Homelessness
Healthier Kids Foundation
HomeFirst
Mentor Tutor Connection
Momentum for Mental Health
Pacific Stroke Association
Pancreatic Cancer Action Network
Parkinson's Institute and Clinical Center
Pathways Home Health and Hospice
Rebuilding Together Silicon Valley
Sunnyvale Rotary Foundation
Unity Care
Valley Medical Center Foundation

El Camino Hospital

AACI (Asian Americans for Community Involvement)
Abilities United
Aging Services Collaborative
Alum Rock Counseling Center
Alzheimer's Association
American Cancer Society Silicon Valley
American Heart Association
American Red Cross
Bay Area Older Adults
Bonnie J. Addario Lung Cancer Foundation
Caminar/Family & Children Services
Cancer Carepoint, Inc.
Child Advocates of Silicon Valley
Chinese American Coalition for Compassionate Care
Chinese Cancer Memorial Foundation
City of San Jose Senior Winter Walk and Resource Fair
Community Health Partnership
Community Seva
Cristo Rey Network
Cystic Fibrosis Foundation
Gardner Family Health Network
Happy Hollow Senior Event
Hispanic Foundation of Silicon Valley
Hope Services
JW House
Los Gatos Lions Club Youth Mental Health Event
March of Dimes
National Alliance on Mental Illness (NAMI)
Santa Clara County
Next Door Solutions
North Valley Community Foundation
PACT (People Acting in Community Together)
Parkinson's Foundation, Inc.
Planned Parenthood Mar Monte Kids in Common
Children's Summit
Project Cornerstone
Services for Brain Injury
Silicon Valley Bicycle Coalition
Silicon Valley Council of Nonprofits
Silicon Valley Leadership Group Turkey Trot and
Heart & Soles Run
Stroke Awareness Foundation
Uplift Family Services
Valley Verde
West Valley Community Services
YWCA Silicon Valley



Ensuring people in need have the opportunity to enjoy better health is central to our grant funding. We do this through prevention and management of chronic diseases, access to integrated care, and increasing opportunities for physical activity and social-emotional health.

Improving Health Changing Lives

Read our full report online at elcaminohealth.org/communitybenefit2019

El Camino Healthcare District was formed pursuant to the California Local Health Care District Law (California Health and Safety Code Sections 32000 et seq.) in the 1950s. The District's purpose is to establish, maintain and operate, or provide assistance in the operation of one or more health facilities (as that term is defined in the California Health and Safety Code Section 1250) or health services at any location within or without the territorial limits of the District, for the benefit of the District and the people served by the District, and to do any and all other acts and things necessary to carry out the provisions of the District's Bylaws and the Local Health Care District Law. The District's boundaries encompass Mountain View and Los Altos, large portions of Sunnyvale and Los Altos Hills, and small sections of Cupertino, Santa Clara and Palo Alto. The District is governed by a five-member publicly elected Board and provides oversight of El Camino Hospital, a nonprofit community hospital. The District also administers a Community Benefit Program, which addresses unmet health needs through grants and collaborations with local schools, nonprofits, and social and health service providers.

El Camino Health aims to deliver a healthcare experience that is personalized and designed around an individual's needs. El Camino Health includes two nonprofit acute care hospitals in Los Gatos and Mountain View and urgent care, multi-specialty care and primary care locations across Santa Clara County. Hospital key medical specialties include cancer, heart and vascular, lifestyle medicine, men's health, mental health and addictions, pulmonology, mother-baby, orthopedic and spine, stroke, urology and women's health. Affiliated partners include Silicon Valley Medical Development, El Camino Health Foundation and Concern.

Through the Community Benefit Grant Program, El Camino Health partners with organizations working to address the unmet health needs of underserved and at-risk community members in an effort to improve the overall health and well-being of the community. The Community Benefit Grant Program provides grants and sponsorships for programs focusing on preventing disease, improving mental health, and making healthy choices and healthcare more accessible.

El Camino Healthcare District

2500 Grant Road
Mountain View, CA 94040



El Camino Health

2500 Grant Road
Mountain View, CA 94040



EL CAMINO HEALTHCARE DISTRICT

