

El Camino Health Norma Melchor Heart & Vascular Institute

# Quality and Outcomes Report



2024

# Award-Winning Heart and Vascular Care



## Cardiac Care — America’s 100 Best

Heart and vascular care at El Camino Health has earned two distinctive rankings for 2024 from Healthgrades, an independent evaluator of hospital quality for conditions and procedures based solely on clinical outcomes. Heart and vascular care at El Camino Health is ranked No. 4 among clinical programs in California. And, nationally, our heart and vascular program is [recognized](#) as one of America’s 100 Best for Cardiac Care.



## Blue Distinction Center® for Cardiac Care

[Blue Shield of California](#) has designated El Camino Health Mountain View as a Blue Distinction center for Cardiac Care\*.



[Anthem Blue Cross](#) has designated El Camino Health Mountain View as a Blue Distinction center for Cardiac Care\*.

\*Designated as a Blue Distinction Center (BDC)



## HeartCARE Center Accreditation by the American College of Cardiology (ACC)

The [Norma Melchor Heart & Vascular Institute](#) was awarded [HeartCARE Center Accreditation](#) by the American College of Cardiology (ACC) for its demonstrated expertise and commitment in treating patients with chest pain. El Camino Health is the first in the Bay Area to earn this National Distinction of Excellence. This is the highest recognition hospitals can receive from the ACC, and demonstrate our commitment to world-class cardiovascular care through comprehensive process improvement, disease and procedure-specific accreditation, professional excellence, and community engagement.



## American College of Cardiology (ACC) Transcatheter Valve Certification Cardiac Cath Lab PCI Certification and Electrophysiology Certification

El Camino Health has been [recognized](#) with the Transcatheter Valve Certification, Cardiac Cath Lab Certification and Electrophysiology Certification from the [American College of Cardiology \(ACC\)](#), acknowledging its exceptional program, physician leadership, quality patient outcomes and team-based care. El Camino Health is the first health care organization in the state of California to receive the Transcatheter Valve certification.. The ACC performs an external review and certification process that identifies hospitals that are currently implementing best practices and clinical excellence.



## Award-Winning Heart and Vascular Care (continued)



### Chest Pain - MI Registry Platinum Performance Achievement Award

El Camino Health has received the American College of Cardiology's NCDR [Chest Pain - MI Registry](#) Platinum Performance Achievement Award for 2023 and is one of only 262 hospitals nationwide to receive the honor. The award recognizes El Camino Health's commitment and success in implementing a higher standard of care for heart attack patients. To receive the Chest Pain - MI Registry Platinum Performance Achievement Award, El Camino Health has demonstrated sustained achievement in the Chest Pain — MI Registry since 2018, and performed at the highest level for specific performance measures.



### Intersocietal Accreditation Commission — Echocardiography

The [Norma Melchor Heart & Vascular Institute](#) in Mountain View has demonstrated a commitment to the performance of quality echocardiography and met nationally recognized standards to achieve accreditation for the [Intersocietal Accreditation Commission](#).



### American Association of Cardiovascular and Pulmonary Rehabilitation

Since 2005, the [Cardiac & Pulmonary](#) Wellness Center in Mountain View has been consistently recognized by the American Association of [Cardiovascular and Pulmonary Rehabilitation](#) (AACVPR) for our commitment to enhancing standards of care in the delivery of our cardiac and pulmonary rehabilitation programs. Certified AACVPR programs are recognized as leaders in the field of cardiovascular and pulmonary rehabilitation because they offer the most advanced practices available. AACVPR certification is valid for three years.

# Cardiovascular Care at El Camino Health

## Program Overview

### **World-Renowned Heart & Vascular Care, Locally Delivered**

At the Norma Melchor Heart & Vascular Institute (NMHVI), we know that cardiovascular health can seem like a confusing path with twists and turns. When you need a guiding hand, you can trust El Camino Health to take care of your unique needs. We bring the latest in medical innovation by delivering leading-edge therapies in a collaborative, community hospital environment, close to home.

By offering a continuum of care — from prevention and early diagnosis to recovery and lifelong wellness — we treat the whole person, with comprehensive services ranging from primary prevention and precise imaging diagnostics to expert care for advanced disease.

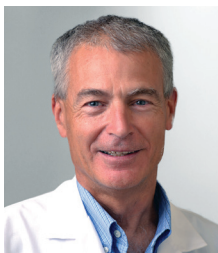
It's the kind of sophisticated care you'd expect to find at a large, academic medical center but with the comfort and convenience of your neighborhood hospital.

To learn more about how our nationally recognized, locally trusted program can help you live your best life, visit [elcaminohealth.org/heart](https://elcaminohealth.org/heart). You can also visit [youtube.com/ElCaminoHealth](https://youtube.com/ElCaminoHealth) or call **650-962-4580**.

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## Physician Leadership

### A Message from the Medical Director: Leading the Way from the Heart



**Heart and vascular care is ever evolving.** As the healthcare needs of the South Bay continue to grow and expand, the capabilities of the Norma Melchor Heart & Vascular Institute will meet that

need by continuing to find better ways to prevent and treat heart and vascular conditions — and help our patients live their healthiest life. Using the latest research and technology, we continue to lead the way, in Silicon Valley and beyond, in cardiovascular patient care and clinical research.

What remains steadfast is our dedication to our mission to not only elevate the kind of care we provide, but also the way we deliver it. We're

committed to hiring the best and brightest clinicians who are as passionate about treating patients collaboratively and compassionately as we are.

You'll see our dedication to delivering the best possible outcomes reflected in the following pages, and the reason why we chose El Camino Health for our careers — it's a place where we can deliver leading-edge cardiovascular care while keeping our patients at the heart of all we do.

— *Frederick St. Goar, MD, Medical Director, Norma Melchor Heart & Vascular Institute, Advanced Cardiovascular Specialists*




*Physician Leadership (continued)*

**Physician Expertise and Leadership**

Our heart and vascular specialists come to El Camino Health from the nation’s finest medical schools for the chance to perform innovative work in a collaborative, community-based setting.

We attract high-caliber clinicians who cover the full spectrum of heart and vascular health — from cardiologists, cardiothoracic surgeons and cardiothoracic anesthesiologists to electrophysiologists, interventional cardiologists and radiologists, and vascular surgeons.

Our specialists are on the leading edge of both surgical and interventional techniques, offering both expertise and experience that rival major academic programs at other health systems across the country. Yet we all work together to deliver personalized care so our patients can heal and get back to life.

**“Advances in imaging technology can lead not only to easier, more precise diagnoses but also to new, less invasive procedures — and, ultimately, better care.”**

— *Deepu Nair, MD, Cardiologist, Medical Director, Echocardiography, NMHVI, PAMF*

**Imaging Excellence**

Collaboration between our imaging and procedural specialists is an important factor in our outstanding outcomes. Because of our strong belief in building multidisciplinary teams, we’ve made substantial investments in recent years in leading-edge equipment and in imaging clinicians who work side by side with internists and surgeons, using detailed imaging to guide treatment decisions.

Our significant investment in imaging technology helps our specialists diagnose and treat heart and vascular conditions with exceptional precision.

Our Advanced Care & Diagnostic Center is home to several medical specialties, including preventive cardiology for women, cardio-obstetrics, cardio-oncology and general cardiology.

At the center, our experts diagnose and treat heart and vascular disease across all stages, using innovative technology and minimally invasive techniques and procedures whenever possible.

Some of the diagnostic tools we use include echocardiogram, CT angiography, magnetic resonance angiography (MRA), nuclear medicine echocardiography, stress testing, carotid ultrasound and vascular ultrasound.

# Interventional Cardiology

## Ischemic Heart Disease

Our renowned team of interventional cardiologists use percutaneous coronary interventions (PCI) to treat patients with ischemic coronary artery disease (CAD) in our Interventional Services Cardiac Catheterization Lab.

PCI is a minimally invasive, non-surgical approach to restoring blood flow to the heart using balloon angioplasty alone or with stent implant.

Our team provides PCI services every day of the year, treating life-threatening acute coronary syndromes like unstable angina, myocardial infarction (MI) or heart attack. Because of this, our facility has been designated a STEMI Receiving Center by Santa Clara County Emergency Medical Services since 2008. We were also the first in the region to achieve national accreditation as a Chest Pain Center with PCI by the Society of Cardiovascular Patient Care.

For higher-risk interventions, especially for patients who experience massive acute heart attacks and show signs of severe heart pump failure or cardiogenic shock, our cardiac catheterization lab is equipped with mechanical circulatory support devices, such as the intra-aortic balloon pump (IABP),



**“At El Camino Health, we have a wide range of tools at our disposal to treat cardiovascular conditions. We take each patient’s specific diagnosis and treatment goals, as well as other factors, into account to achieve the best patient outcomes.”**

*— Chad Rammohan, MD, FACC, Interventional Cardiologist, Medical Director, Cardiac Catheterization Laboratory, NMHVI, PAMF*

percutaneously inserted ventricular assist device, and extracorporeal life support (ECLS) with extracorporeal membrane oxygenation (ECMO).

In the planned treatment of advanced, chronic and complex CAD, our interventional cardiologists and cardiothoracic surgeons collaborate to make a treatment plan that’s best for the patient, whether that’s elective pre-scheduled PCI, a surgical coronary artery bypass graft (CABG) or a hybrid approach.

We also encourage patients to participate in recovery and wellness activities at our Cardiac & Pulmonary Wellness Center after PCI or CABG.

### Ischemic Heart Disease Care, PCI and CABG

Because continuous quality assurance and process improvement are integral to our mission, we participate in the American College of Cardiology National Cardiovascular Data Registry (ACC-NCDR) and Society of Thoracic Surgeons Registry (STS) to benchmark how we’re performing against other multidisciplinary heart teams across the country. Our goal is to treat our patients with the least invasive, most advanced treatment approach possible to help them heal while prioritizing their quality of life.



## Interventional Cardiology (continued)

The following are some of the measures used by the ACC-NCDR CathPCI Registry to evaluate interventional cardiologists and cardiac catheterizations labs with PCI.

### Use of Appropriate Medications

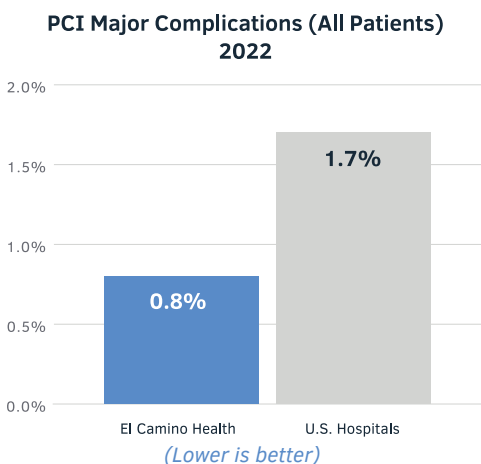
To ensure patient safety, PCIs must be followed by appropriate medication. El Camino Health achieved usage rates within the ACC-NCDR’s 90th percentile and earned 4 out of 4 star ratings as publicly reported in CardioSmart.

### Percutaneous Coronary Intervention (PCI Metrics) Four out of Four Stars

*Hospital Performance for patients with coronary artery disease who had PCI*

Number of PCI procedures performed during the calendar year 2022 **397**

Use of Aspirin to reduce the chance of blood clots after PCI	★★★★★
Use of a P2Y12 inhibitor medication to reduce the chance of blood clots after PCI	★★★★★
Use of a Statin to decrease cholesterol after PCI	★★★★★
Use of Aspirin to reduce the chance of blood clots after PCI	★★★★★
Use of all recommended medications (Aspirin, P2Y12 inhibitor medication, and Statin) to reduce the chance of blood clots and decrease the cholesterol after PCI.	★★★★★



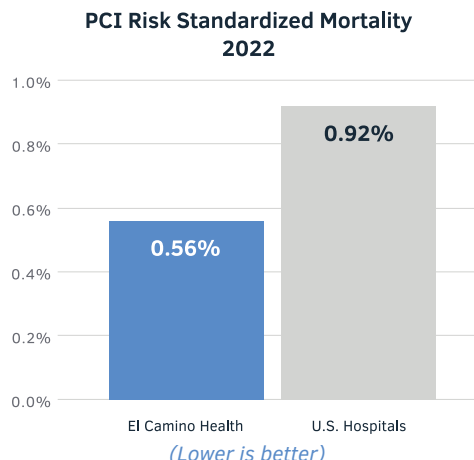
### Complications

Patients who have PCI procedures have complex medical backgrounds that involve the risk for major complications (e.g., emergency CABG, stroke and repeat target vessel revascularization) and death.

Major complications for patients undergoing PCI at El Camino Health are lower (better) than the national rate.

### In-Hospital Risk-Standardized Mortality (all patients, both elective and emergency)

Risk-standardized mortality for all patients undergoing PCI at El Camino Health is lower than the 90th percentile.



## Interventional Cardiology (continued)

The following are some of the measures used by STS to evaluate cardiothoracic surgeons and hospitals internationally who offer surgical CABG as a treatment option for ischemic coronary artery disease.

### Risk-Adjusted Mortality Rate for Isolated CABG

Risk-adjusted mortality rate for patients undergoing CABG at El Camino Health was lower (better) than the STS 90th percentile. **This establishes El Camino Health’s Isolated CABG program as a three-star program, meaning it ranks in the highest 10 percent in the country.**



### CABG Composite Quality Rating Three out of Three Stars

(January 2020 – December 2022)

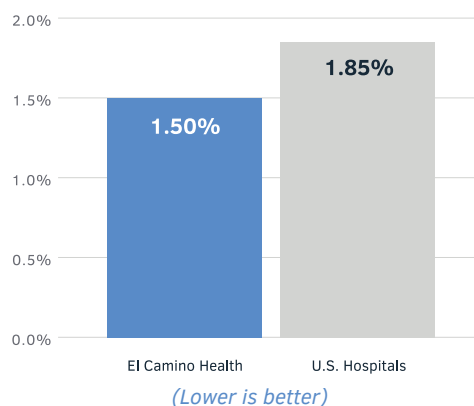
Overall Composite Score **98.13%** (97.31 – 98.76)  *Better than expected*

### Acute/Emergent Heart Attack Care Outcomes

El Camino Health earned the Platinum Performance Achievement Award for demonstrating excellent outcomes for six consecutive years in the care of heart attack patients via the ACC-NCDR Chest Pain-MI Registry and as publicly reported in CardioSmart.

For ST Elevation Myocardial Infarction or heart attack patients undergoing PCI, risk-adjusted mortality at El Camino Health is lower (better) than the ACC-NCDR 90th percentile.

PCI for Acute MI (STEMI)  
Risk Standardized Mortality  
2022



*Interventional Cardiology (continued)*



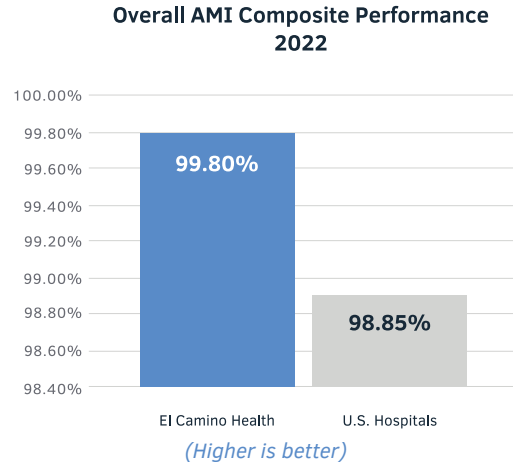
**Ischemic Heart Disease Care Outcomes and National Accreditation**

El Camino Health is a nationally designated and accredited Cardiac Cath Lab with PCI by the American College of Cardiology (ACC). The accreditation process demonstrates commitment to upholding and improving outcomes in CathPCI Care and requires adherence to best practice standards by the ACC and the Society for Cardiovascular Angiography and Interventions.



**Overall AMI Performance**

Overall AMI performance at El Camino Health is higher (better) than the ACC-NCDR 90th percentile.



**Acute Myocardial Infarction (AMI) Metrics  
Four out of Four Stars**

*Hospital Performance for patients who have had an acute myocardial infarction (heart attack)*

Number of myocardial infarctions (MIs) treated during calendar year 2022	<b>298</b>
All Heart Attack Care	★★★★
Urgent Heart Attack Care	★★★★

# Structural Heart

## Structural Heart Disease



“At El Camino Health, we have a culture of respect and collaboration on our team. We all work together. That’s important when many of our patients have several conditions. It ensures each patient is treated holistically and effectively.”

— Pei Tsau, MD, Cardiothoracic Surgeon, Medical Director, Cardiothoracic Surgery, NMHVI, PAMF

Heart valve disease can contribute to poor quality of life with symptoms such as shortness of breath, chest pain, palpitations or even loss of consciousness. Our multidisciplinary structural heart team includes cardiothoracic surgeons and interventional structural cardiologists who are nationally recognized for achieving exceptional outcomes in treating structural heart valve disease. These outcomes mean improved quality of life for patients and exceed national benchmarks for mortality and infection rates.

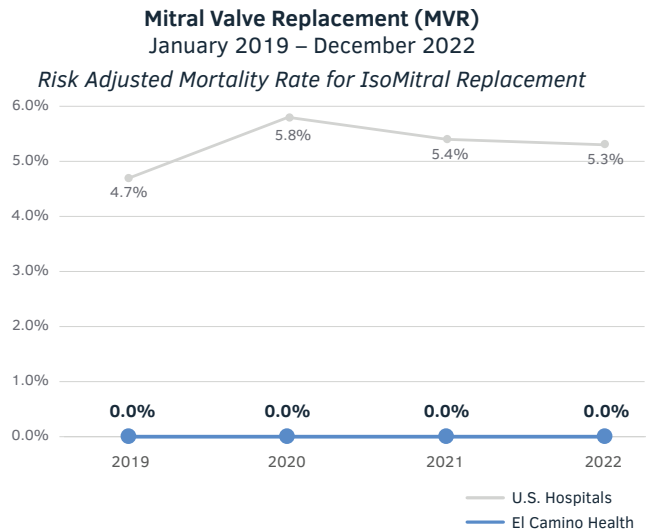
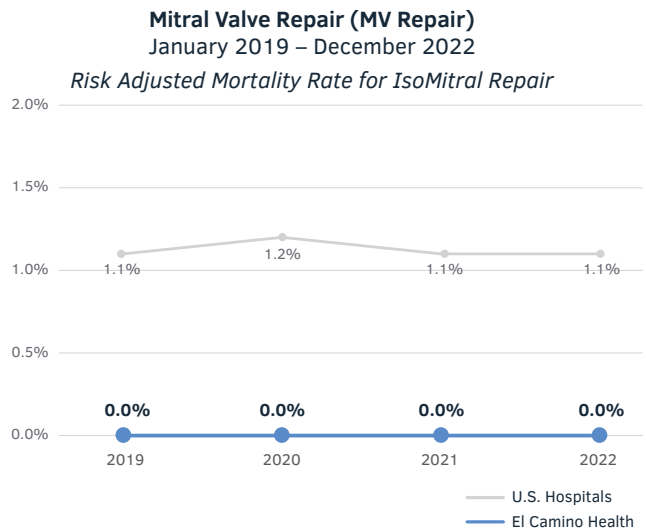
Also, we perform hundreds of complex structural heart procedures each year — many of which are typically only available at a large, academic medical center. These include surgical treatment for aortic dissection, aortic aneurysm, and combined multiple valve repair and replacement.

El Camino Health received a three-star rating for its outcomes in valvular surgeries from the STS. **The three-star rating is the highest possible rating and places El Camino Health in the top 5 percent in the country in these areas.**

### STS MVRR (Mitral Valve Replacement and Repair) Composite Quality Rating Three out of Three Stars

(January 2020 – December 2022)

Overall Composite Score **96.34%** **Better than expected**  
(94.47 – 97.77)



## Structural Heart (continued)

### Transcatheter Aortic Valve Replacement (TAVR)

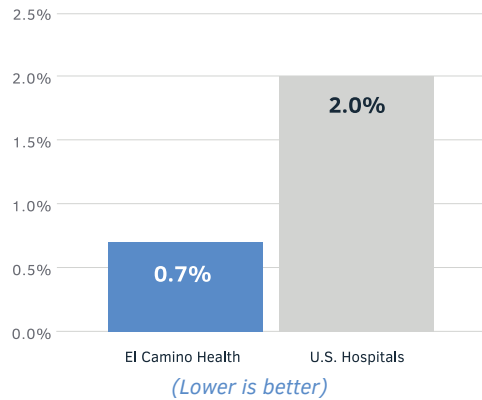
Our cardiovascular specialists have performed more than 800 commercial and research procedures using TAVR, a minimally invasive method for treating severe aortic stenosis that places a valve with a catheter rather than requiring a sternotomy or open-heart procedure. In fact, El Camino Health was one of the first 10 hospitals in the country to participate in the original clinical research for the CoreValve® and Evolute® devices, and our valve experts' contributions helped lead to its commercial approval in 2014.

We're also consistently ranked superior to national benchmarks as tracked by the STS and the ACC national Transcatheter Valve Therapy (TVT) Registry

### Transcatheter Valve Therapy Outcomes — TAVR

#### Transcatheter Aortic Valve Replacement — Mortality January 2020 – December 2022

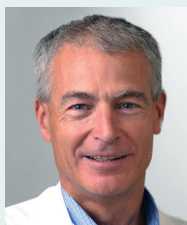
*Transcatheter Aortic Valve Replacement – 30-day Mortality*



## Structural Heart (continued)

### Transcatheter Edge-to-Edge Mitral Valve Repair (TEER)

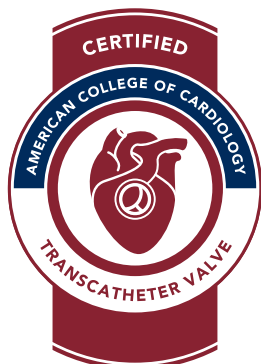
At El Camino Health, we use TEER to help patients suffering from the debilitating symptoms of mitral valve regurgitation. As a minimally invasive procedure, TEER can be a lifesaving endovascular therapy for patients who aren't well enough to undergo traditional surgery.



**“As the pioneer of the MitraClip, I’m both humbled and grateful to have been able to develop a technology here at El Camino Health that has a global impact on healthcare. You can see the effect the MitraClip has had when you look at patient outcomes.”**

— Frederick St. Goar, MD, Medical Director, NMHVI, Advanced Cardiovascular Specialists

Because of its excellent outcomes and best-of-practice care for heart valve repair and replacement therapy patients, **our structural heart multidisciplinary team received Transcatheter Valve Center of Excellence certification by the American College of Cardiology.**



Because the procedure doesn't require a chest incision or heart-lung machine, patients can avoid the potential complications and extended recovery typically associated with surgery — so they can get back to their lives faster.

During TEER, we attach a MitraClip® — a small, implanted clip — to the mitral valve to help it close more completely and reduce blood backflow. This helps restore normal blood flow through the heart.

MitraClip is the only alternative to open surgery that's approved by the Food and Drug Administration (FDA). It was developed by our Medical Director Frederick St. Goar, MD. Drs. Rammohan and Nair's program is by far the leading program by volume and quality in the United States. El Camino Health was one of the early investigational sites for the device.

### Transcatheter Valve Therapy Outcomes — MitraClip

**We match national benchmarks for TEER outcomes, achieving a 0% mortality rate.**

That rate mirrors the patient outcomes of other hospitals in the United States for patients undergoing the minimally invasive procedure for mitral valve regurgitation.

## Heart Failure Program

**Heart failure is the most common cause of hospitalization in the United States for people over age 65, affecting nearly 6 million Americans with 900,000 newly diagnosed cases each year.** The clinical syndrome results from an impairment in the heart that makes it unable to fill with blood or pump blood to the rest of the body, often leading to a fluid imbalance.

El Camino Health is a community leader in treating heart failure. With our heart failure specialists leading the way, we continue to grow our program. We focus on providing world-class care throughout the heart failure journey — from initial clinical evaluation, optimization of guideline directed medical therapies to patient education and coordinating care with our multidisciplinary team members. Team members may include a hospitalist, cardiologist, heart failure clinical nurse specialist, nutritionist, pharmacist, physical therapist, occupational therapist and providers from our Cardiac & Pulmonary Wellness Center.

To help diagnose and treat patients with heart failure, we have access to advanced cardiac imaging tools, such as echocardiography, coronary CT angiograms, Heartflow® analysis, nuclear cardiography and cardiac MRI.

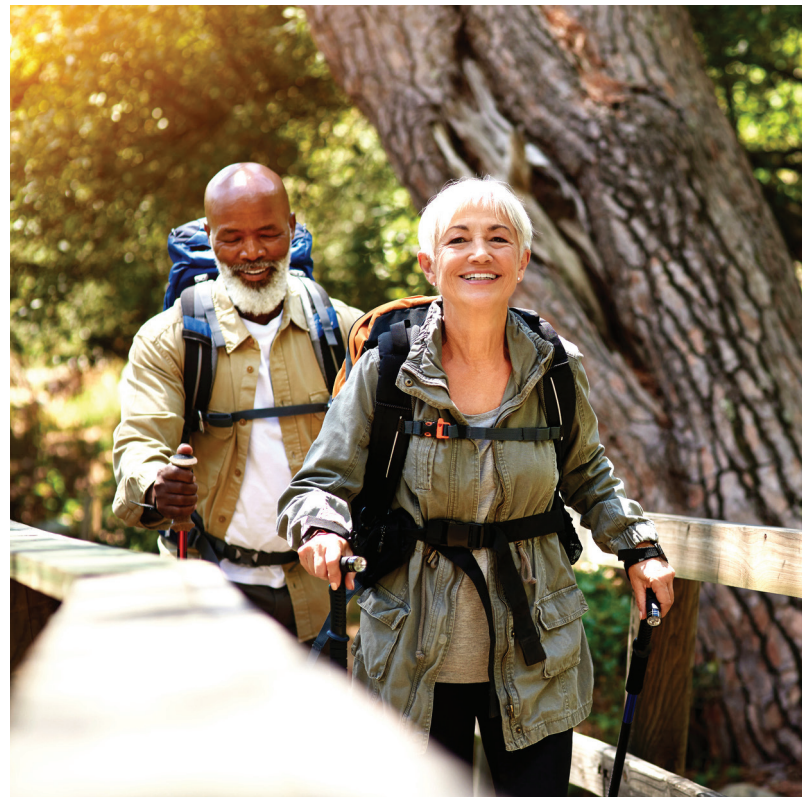
Heart failure can often result from other treatable heart conditions that are important to diagnose and treat, such as coronary artery disease, rhythm abnormalities and valvular heart disease. For these patients, we provide full cardiac interventional services, including PCI MitraClip, TAVR and open-heart surgery. We also provide advanced electrophysiology procedures, including implantable cardioverter defibrillators (ICD), cardiac resynchronization therapy (CRT) and ablations.

Through our collaborative care approach to heart failure at El Camino Health, we aim to quickly diagnose and treat heart failure to relieve suffering, slow disease progression and accelerate healing.



**“Our specialists can provide advanced solutions for heart failure by treating the underlying causes of the condition.”**

— Raabia Ahmad, MD, Cardiologist, Medical Director, Heart Failure Program, NMHVI, Advanced Cardiovascular Specialists



# Electrophysiology

## Cardiac Arrhythmia Care

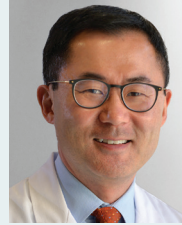
### Curative Arrhythmia Treatment

Our board-certified electrophysiologists at El Camino Health are experts in the care of patients with heart arrhythmias. Their expertise, in combination with our advanced technology and highly trained staff in the Electrophysiology Laboratory and nursing units, allows us to offer a wide range of arrhythmia treatment options.

Procedures available to diagnose and treat arrhythmias include electrophysiology, catheter ablations and cardiovascular implantable electronic device implants (CIED).

Ablations offered include high-volume atrial fibrillation ablation and ablations to treat ventricular arrhythmias, supraventricular tachycardia and other inappropriate tachycardias. All ablations are performed using comprehensive mapping and ablation technology. We participate in the ACC NCOR Atrial Fibrillation Ablation Registry.

CIEDs include pacemakers or implantable cardioverter defibrillators (ICDs). Additionally, CIEDs can include a feature known as cardiac resynchronization therapy (CRT), which may improve cardiac function in heart failure. We also offer leadless pacemaker technology and CIED lead extraction procedures for patients who qualify.



**“Electrophysiology can help deliver quicker, safer and more effective treatment of arrhythmias, to stop or ease symptoms and prevent further damage.”**

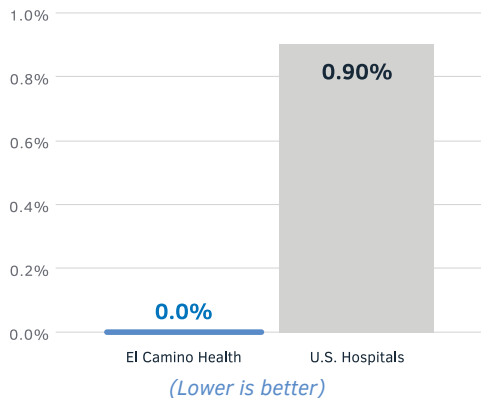
— Shaun Cho, MD, Cardiac Electrophysiologist, Medical Director, Electrophysiology, NMHVI, PAMF

### Afib and Stroke: Left Atrial Appendage Occlusion (WATCHMAN Device)

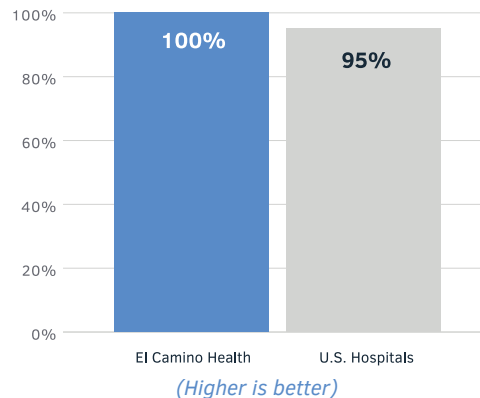
The WATCHMAN device implant procedure offers a safer alternative for patients who are unable to take blood thinners, which are commonly prescribed to reduce the risk of stroke associated with atrial fibrillation. In the procedure, the device is delivered via catheter through the venous site of the groin, threaded up to the heart and implanted in the left atrial appendage. It’s then released to cover the opening of the appendage, where clots tend to form.

We continue to show exemplary outcomes when using the WATCHMAN device. The Left Atrial Appendage Occlusion (LAAO) Registry shows a 0% complication rate and a 100% device implant success rate, with a same-day or one-day hospital stay for patients.

**AF Ablation Procedure – Complication Rate 2022**



**LAAO Procedure Successful Rate 2022**





# Vascular

## Vascular and Interventional Radiology Procedures

The specialists in our vascular program include **Interventional Radiologists and Vascular Surgeons** who are dedicated to providing the best vascular care for our community. We offer artery and vein care, limb salvage coordination, hemodialysis access care, percutaneous arteriovenous fistula creation, deep venous thrombosis (DVT) treatments, wound care and medical management of vascular disease. We also offer interventional and diagnostic procedures, including angiograms, venograms and fistulagrams.

### Carotid Artery Care

A stroke can be very dangerous and debilitating. Prevention is important. That’s why our teams are dedicated to providing excellent medical, surgical and endovascular care for patients recuperating from strokes, as well as for patients who are at risk. We offer surgical interventions for carotid artery disease, which limits the blood flow to the brain, as well as minimally invasive carotid artery stenting. In addition, we offer the newest approach in minimally invasive transcrotid artery revascularization for patients who qualify. No matter our approach, our vascular specialists are committed to achieving the best outcomes for our patients.

**“We use minimally invasive techniques and leading-edge technology to reduce patients’ recovery times, pain and scarring.”**



— Fabio Komlos, MD, Vascular & Interventional Radiologist, Co-Medical Director, Interventional Radiology, El Camino Health, PAMF

**“From medical management of vascular disease, to the latest endovascular and minimally invasive techniques in the treatment of aneurysms, carotid,**



**and peripheral vascular disease, our comprehensive vascular program allows us to offer the right care at the right time. We strive to offer an individualized approach to patient care to achieve the highest quality outcome.”**

— George Lee, MD, Medical Director Vascular Program, El Camino Health, PAMF

### Peripheral Vascular Procedures

Our endovascular care team uses several approaches to achieve the best outcomes, including stenting, atherectomy, angioplasty, thrombectomy and thrombolysis. For more complex lesions, we may perform a surgical bypass, performed safely and effectively in our advanced operating rooms with the help of our experienced nursing and anesthesia teams.

We experienced 0% mortality in 2022 for procedures involving endovascular abdominal aortic aneurysm repair, lower extremity peripheral vascular intervention and carotid endarterectomy. We enter our vascular procedures in the Society of Vascular Surgery’s Vascular Quality Initiative Registries to ensure quality of care.

# Prevention and Continuum of Care Clinics

## Specialized Services



**“Our Women’s Heart Center provides preventive care, treatment and management tailored to women and their needs. The center’s specialists and other professionals are trained and experienced in**

**helping women keep their hearts as healthy as possible for as long as possible.”**

*— Jane Lombard, MD, Cardiologist, Medical Director, Advanced Care and Diagnostic Center, Women’s Heart and Cardiac-Oncology, NMHVI*

### South Asian Heart Center (SAHC)

We recognize that people who are of South Asian descent are at a higher risk for heart disease and diabetes. That’s why we provide culturally tailored, evidence-based risk reduction techniques to both participants and physicians through the South Asian Heart Center.

### Chinese Health Initiative (CHI)

The Chinese Health Initiative addresses the unique health needs of the Chinese community and supports El Camino Health in promoting culturally sensitive care. Through partnerships with the hospital and other organizations, we offer specialty programs that promote awareness and prevention of health conditions that commonly affect the Chinese population.

### Women’s Heart Center and Cardio-Oncology

The Women’s Heart Center at El Camino Health provides complete heart care for women. The clinic is staffed with cardiology specialists and other professionals who are trained and experienced in preventing, treating and managing heart conditions in women.

We offer advanced insight and care for women who have conditions like heart disease, hypertension, high cholesterol and unusual heart conditions that affect mostly women, such as takotsubo cardiomyopathy and myocardial ischemia with no obstructive coronary arteries (MINOCA). We offer the latest proven treatment options and medical expertise combined with wellness and preventive care, helping patients find ways to reduce their risk through lifestyle changes, such as staying active, eating right, managing stress and getting plenty of rest.

The Cardio-Oncology program at El Camino Health is designed to prevent and reduce heart damage from cancer treatment. Our specially trained cardiologists and other professionals work with newly diagnosed cancer patients, those undergoing cancer treatments and cancer survivors to improve heart health.



## Prevention and Continuum of Care Clinics (continued)



**“We provide comprehensive care for chronic wounds, helping you get back to enjoying your life.”**

— *Jesse Yurgelon, DPM, Medical Director, Wound Care Center, PAMF*

### Wound Care Center

The Wound Care Center (WCC) at El Camino Health is an outpatient clinic dedicated to the treatment and healing of chronic wounds. Our medical staff is represented by community partners from the South Bay region. Board-certified providers in podiatry, plastic surgery, general surgery, ostomy care and vascular surgery are available for referral and treatment.

The nursing staff at the Wound Care Center are all board certified by the Wound Ostomy Continence Nurse Association (WOCN). This nationally recognized program requires experience, hands-on training and testing on the treatment and care not just for the wound but also for the patient experience.

The Wound Care Center is the only wound care center in our region to exclusively employ WOCN RNs. Our nurses are considered partners with our medical staff during the care of our patients.

### Cardiac & Pulmonary Wellness Center

As our patients lead longer, healthier lives, the need for cardiac and pulmonary rehabilitation grows. That’s why our Cardiac & Pulmonary Wellness Center — one of only a few of its kind in our area — plays an integral role in our comprehensive program.

Providing services for more than 30 years, our center has received program certification as both a Cardiac Rehabilitation Program and a Pulmonary Rehabilitation Program by the American Association of Cardiovascular and Pulmonary Rehabilitation.

Our multidisciplinary rehabilitation team helps patients reduce their cardiac risk factors and lead healthier lives through personalized exercise programs, nutritional guidance and stress reduction. Team members include registered nurses, respiratory therapists, exercise physiologists and registered dietitians.



**“Cardiovascular care doesn’t end when you leave the hospital. We take the time to help you transition back to your normal life, with a focus on wellness and healthy lifestyle choices.”**

— *Neal Scott, MD, Cardiologist, Medical Director, Cardiac & Pulmonary Wellness Center, El Camino Health*

# El Camino Health Foundation

## Giving From the Heart

**The Norma Melchor Heart & Vascular Institute is named for long-time hospital volunteer and philanthropist Norma Melchor.** Norma and her husband, Jack, were among the first to recognize the need for a local community hospital in our area. Norma was active in the El Camino Hospital Auxiliary, co-chaired the Citizens Committee for the El Camino Hospital District that promoted the second bond issue for the hospital's expansion, and served four terms on the El Camino Hospital District Board of Directors.

Jack Melchor established the El Camino Hospital Foundation in 1982, becoming its first chair and serving on the board for nine years. The Melchors repeatedly demonstrated exceptional generosity to the hospital, and Norma chaired the Foundation's Imagine Campaign to raise funds for the new patient tower on the Mountain View campus.

After Norma's death in 2012, the Melchor family donated several million dollars to provide ongoing support for clinical programs and research at the Heart & Vascular Institute, which was named for Norma. Norma and Jack's grandson Lane now serves on the Foundation Board of Directors, continuing the family legacy of commitment to the hospital and community. The Melchor family also supports Norma's Literary Luncheon, a fundraiser the foundation holds each year in Norma's memory.

[elcaminohealth.org/foundation](https://elcaminohealth.org/foundation)



For more information or referral to one of our experts, please call or visit our website.

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