Improving Health Changing Lives

Community Benefit | Annual Report FY 2019

EL CAMINO HEALTHCARE DISTRICT
El Camino Health
Community Benefit Financial Report FY 2019

El Camino Healthcare District
$7,233,496
GRANTS & SPONOSORSHIPS

El Camino Hospital
$3,802,846
GRANTS & SPONSORSHIPS

$64.9M El Camino Hospital
TOTAL COMMUNITY BENEFIT

$33,618,096 Government-Sponsored Healthcare (Unreimbursed Medi-Cal)
$21,291,293 Subsidized Health Services
$3,351,626 Financial Assistance (Charity Care)
$3,802,846 Grants and Sponsorships
$1,963,110 Health Professions Education
$425,155 Clinical Research
$255,751 Community Benefit Operations
$161,034 Community Health Improvement Services

+ $108M in Uncompensated Medicare
(Not Included in Community Benefit Total)

Read our full report online at elcaminohealth.org/communitybenefit2019
From Our Leadership

DEAR COMMUNITY MEMBERS,

We invite you to read the FY 2019 Community Benefit Report for El Camino Healthcare District and El Camino Hospital, “Improving Health, Changing Lives.” The report highlights our financial investment in community health and how we, together with our partners, are responding to the unmet health needs of our neighbors, particularly the most vulnerable and underserved. In FY 2019 our investments included:

• **El Camino Hospital Total Community Benefit:** $64.9 million serving 117,860 people, including $3.8 million for grants and sponsorships.

• **El Camino Healthcare District Community Benefit:** $7.2 million in grants and sponsorships serving 75,140 people.

• **$11 million** combined total for 103 grants and 71 sponsorships.

The El Camino Hospital Total Community Benefit included charity care and unreimbursed MediCal for nearly 12,000 patients at our two hospitals. Through community grants, the District and the Hospital both fund local efforts to provide access to quality health and wellness services through grant partnerships with the safety net clinics, school districts and nonprofit organizations highlighted in this report.

These investments promote better health, often through culturally relevant, multilingual programs recognizing the rich diversity of our community. Highlights of our combined community grants programs from both the District and Hospital include:

• **110,990 students** at local schools received care from nurses, health screenings, mental health counseling, and physical activity and nutrition programs.

• **26,900 people** received free primary care, management services for chronic diseases and related health services.

• **10,980 people** received free mental health services.

In response to growing mental health needs, we have increased our grants program and welcome the opening of the new Taube Pavilion with additional inpatient beds and a dedicated women’s unit. On all fronts, we are ensuring there are more mental health services in schools, community clinics, and through our Scrivner Center for Mental Health & Addiction Services.

Please take a moment to learn more about how our Community Benefit commitment is improving lives.

**Peter C. Fung, MD, FY19 Chair, Board of Directors, El Camino Healthcare District**

**Lanhee J. Chen, Chair, FY19 Chair, Board of Directors, El Camino Hospital**

**Dan Woods, Chief Executive Officer, El Camino Health and El Camino Healthcare District**

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**El Camino Healthcare District Board of Directors**

Peter C. Fung, MD, MS, FACP, FAAN, FAHA, FY19 Chair, FY19 Community Benefit Advisory Council (CBAC) Board Liaison

Gary Kalbach

Julia E. Miller, FY19 Vice Chair, FY19 CBAC Board Liaison

George O. Ting, MD

John L. Zoglin, FY19 Secretary/Treasurer

**El Camino Hospital Board of Directors**

Lanhee J. Chen, JD, PhD, FY19 Chair

Peter C. Fung, MD, MS, FACP, FAAN, FAHA, FY19 CBAC Board Liaison

Jeffrey M. Davis, MD, MPH

Gary Kalbach

Julie Kliger, MPA, BSN

Julia E. Miller, FY19 Secretary/Treasurer, FY19 CBAC Board Liaison

Bob Rebitzer

George O. Ting, MD

Don C. Watters

John L. Zoglin, FY19 Vice Chair

**El Camino Health**

Dan Woods, Chief Executive Officer, El Camino Health and El Camino Healthcare District
Healthy Body Partners
These grants aim to prevent the onset of disease and improve access to primary care, chronic disease management, oral health, and health and wellness education.

5210 Health Awareness Program Partnership
School-based nutrition and health program at Cambrian, Campbell, Cupertino Union, Fremont and Sunnyvale School Districts
Funding: El Camino Healthcare District (ECHD)
El Camino Hospital (ECH)
Bay Area Women’s Sports Initiative (BAWSI)
Physical activity and self-esteem program for girls at Campbell and Sunnyvale School Districts
ECHD, ECH
Breathe California
Screenings, education and home assessment for families of children with asthma and seniors with respiratory conditions
ECHD, ECH
Cambrian School District
School nurse program
ECH
Campbell Union School District
School nurse program
ECH
Cancer CAREpoint
Nutrition education and support
ECH
Challenge Diabetes Program
Pre-diabetes screening and education for community service agencies
ECH
Community Health Partnership
Safety net clinic capacity building and training
ECH

Community Services Agency, Mountain View
Intensive case management for seniors with chronic disease
ECHD
Cristo Rey Network
School health and wellness program
ECH
Cupertino Union School District
School nurse program
ECHD, ECH
Day Worker Center
Promoting wellness and nutrition among the underserved
ECHD
Fresh Approach
Mobile Farmers Market and nutrition education
ECHD
Gardner Family Health Network
Clinical services and healthy behavior change program for pre-diabetic and diabetic patients
ECH
GoNoodle
Movement and mindfulness programs for youth at 184 schools in 17 school districts
ECHD, ECH
Health Mobile
Mobile dental services for homeless and low-income community members
ECHD
Healthier Kids Foundation
Dental and hearing screenings for children
ECHD, ECH
Hope's Corner
Nutritious meals for homeless and the food insecure
ECHD
Indian Health Center
Clinical services and healthy behavior change program for at-risk and diabetic youth
ECH

$11 MILLION COMBINED INVESTMENTS FOR 174 GRANTS AND SPONSORSHIPS TO ADDRESS UNMET HEALTH NEEDS IN OUR COMMUNITY
Living Classroom
Garden-based school nutrition program at Mountain View Whisman and Sunnyvale School Districts
ECHD

Lucile Packard Foundation for Children’s Health
Teen Health Van at Mountain View Los Altos High School District for at-risk youth
ECHD

Magical Bridge Foundation
Playgrounds designed for children with disabilities in Mountain View and Sunnyvale
ECHD

MayView Community Health Center
Primary care and preventive services for uninsured
ECHD

Medical Respite
Medical care and social services for homeless patients
ECHD, ECH

Mount Pleasant School District
School nurse program
ECH

Mountain View Whisman School District
School nurse program
ECHD

New Directions
Coordination of care and connection to safety net services for homeless and at-risk community members
ECHD

Pathways Home Health and Hospice
Compassionate care for the uninsured and underinsured
ECHD

Planned Parenthood Mar Monte
Primary care and preventive health services for the underserved at the Mountain View Health Center
ECHD

Pre-Diabetes Initiative
Awareness, screening and chronic disease management resources for pre-diabetes
ECH

Playworks
Physical activity and school climate program in Campbell Union, Mountain View Whisman and Sunnyvale School Districts
ECHD, ECH

Reach Potential Movement
Physical activity and health programs for low-income youth in Sunnyvale
ECHD

The Health Trust
Meals on Wheels program for older adults
ECHD

Santa Clara County Public Health Department – Better Health Pharmacy
No-cost medication program for low-income individuals
ECH

Santa Clara Valley Medical Center
Primary and behavioral mobile healthcare for homeless and dental services for low-income and homeless adults
ECHD

Sunnyvale School District
School nurse program
ECHD

Tower Foundation of San Jose State University
Rehabilitation, awareness and community education for stroke (RACES)
ECH

Vista Center for the Blind and Visually Impaired
Vision rehabilitation program
ECHD, ECH

Healthy Mind Partners
These grants provide access to mental health services for youth and adults and address issues such as depression, anxiety, dementia, domestic violence and substance abuse.

Acknowledge Alliance
Resilience and social emotional learning lessons for students
ECHD

Almaden Valley Counseling Service
School-based social emotional skill building
ECH

Alum Rock Counseling Center
Counseling for at-risk youth
ECH

Alzheimer’s Association
Asian Dementia Initiative and Latino Family Connections: Culturally-based services for patients and caregivers
ECHD, ECH

Avenidas
Adult day health program
ECHD

Bill Wilson Center
Psychotherapy for children who have suffered abuse
ECH

Cambrian School District
Mental health counseling
ECH

Center for Age-Friendly Excellence
Senior inclusion and participation project
ECHD

CHAC
Mental health counseling at Sunnyvale School District
ECHD

Child Advocates of Silicon Valley
Advocacy and support services for foster teens
ECH
Counseling and Support Services for Youth (CASSY)
Mental health counseling at Campbell Union School District
ECH
Cupertino Union School District
Mental health counseling
ECH
Eating Disorders Resource Center
Support for recovery
ECHD
Jewish Family Services of Silicon Valley
Mental health support for low-income older adults
ECH
Friends for Youth
Connecting at-risk youth with supportive mentors
ECHD
Law Foundation of Silicon Valley
Removing legal barriers to mental health services
ECHD
LifeMoves
Behavioral health services at homeless shelters
ECH
Los Altos School District
Mental health counseling
ECHD
Mission Be
Mindfulness training for elementary and high school students
ECHD
Momentum for Mental Health
Psychiatric services and medication management for the underinsured and uninsured
ECHD, ECH
Mountain View Los Altos Union High School District
Mental health counseling
ECHD
National Alliance on Mental Illness (NAMI) Santa Clara County
Peer support for mental health conditions
ECHD
Peninsula HealthCare Connection
Psychiatric services and medication management for homeless and at-risk community members
ECH
Respite and Research for Alzheimer’s Disease
Addressing senior isolation and providing caregiver respite
ECH
Teen Success, Inc.
Promoting self-sufficiency and health education for teen mothers
ECH
Uplift Family Services
Mental health counseling and addiction prevention services for Campbell Union High School District
ECH
YWCA of Silicon Valley
Support for at-risk women
ECHD
**Healthy Community Partners**

These grants promote the improvement of overall health in the community with programs that focus on falls prevention, health screenings, domestic violence and social work case management.

**Abode Services**
Promoting housing security for families through assistance and case management
ECH

**American Heart Association**
Hypertension initiative: blood pressure awareness, screening and blood pressure management
ECHD

**Chinese Health Initiative**
Screenings and education
ECHD, ECH

**Family & Children Services (a division of Caminar)**
Domestic violence survivor services
ECHD

**Farewell to Falls**
In-home assessment, education and exercise recommendations
ECHD

**Health Library & Resource Center - Los Gatos & Mountain View**
Eldercare support, health information and medical literature searches
ECHD, ECH

**Maitri**
Culturally focused crisis counseling and legal representation for domestic violence victims
ECHD

**Matter of Balance**
Falls prevention classes for seniors
ECHD

**Mountain View Police Department, Youth Services Unit**
Camps for at-risk youth
ECHD

**Next Door Solutions**
Crisis counseling, shelter services and support for victims of domestic violence
ECH

**Pacific Hearing Connection**
Screening and access to free or reduced-cost hearing aids for children and adults
ECH

**Racing Hearts**
Automated External Defibrillator (AED) Program, placing nearly 800 devices throughout Santa Clara County, including all public schools
ECH
Our Partnerships Achieved Meaningful Results

THROUGH 103 GRANTS IN FY2019, we addressed the health needs of our most vulnerable community members, gave youth a healthier start in life, and improved mental health. Our partners helped people with complex health and life circumstances get medical and dental services and connect them to public benefits. At schools, nurses and mental health counselors filled the gap in care for at-risk students while other programs helped youth make healthy food choices, exercise and build self-esteem. We are ensuring that more people can get mental health services in schools, community clinics and settings such as homeless shelters. Through culturally appropriate, multilingual services, our partnerships are making the community healthier and more vibrant.

Clinics & Community Health

<p>| $5.8 million | 26,900 |</p>
<table>
<thead>
<tr>
<th>INVESTED</th>
<th>PEOPLE SERVED</th>
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<tbody>
<tr>
<td>121,430</td>
<td>14,470</td>
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<tr>
<td>Services Provided</td>
<td>Older Adults Served</td>
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<tr>
<td>5,860</td>
<td>11,230</td>
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<tr>
<td>Dental Services Provided</td>
<td>People Served Through Nutrition Education &amp; Food Access Programs</td>
</tr>
</tbody>
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“The Community Benefit grant allows our clinic to extend our mission and services to low-income individuals and families in order for them to access quality medical care, regardless of their ability to pay.”

— Kenneth Graham, CEO at MayView Community Health Center
Health in Schools

$3.3 million
INVESTED

110,990
STUDENTS SERVED

21,240
Students Served by School Nurses

255
Schools benefited from grant programs

28
School Districts benefited from grant programs

78,090
Youth Building Healthy Behaviors Through Exercise & Nutrition Programs

“This grant makes a huge difference in the lives of our students. Our grant-funded healthcare providers support our students, who otherwise may not receive the care they need. The school nurse not only supports students’ daily health needs but also provides outreach and resources to families who need assistance.”

— Kari Ito, Principal at Nimitz Elementary School in Sunnyvale, Cupertino Union School District

Mental Health

$2.9 million
INVESTED

10,980
PEOPLE SERVED

24,900
Hours of Mental Health Services for K-12 Schools

81%
Teens Who Reduced High Risk Behavior Post-program

30,330
Adult Mental Health Services Provided

90%
Homeless People Who Report Improved Well-being Post-therapy
EL CAMINO HEALTHCARE DISTRICT AND EL CAMINO HOSPITAL PROVIDE ANNUAL GRANTS to community-based organizations, clinics and schools to address local unmet health needs. This annual report provides an overview of these programs and the critical services they deliver.

This year, we published the 2019 Community Health Needs Assessment (CHNA), which guides the Community Benefit grants program using the following priority area framework: Healthy Body, Healthy Mind and Healthy Community. Every three years, El Camino Hospital conducts a CHNA to determine the most pressing health issues in our region alongside other local healthcare leaders — including six nonprofit hospitals, Santa Clara County Public Health Department, the Hospital Council of Northern and Central California, and Palo Alto Medical Foundation.

The annual grant cycle opens in January each year. For more information about grants and to access the 2019 CHNA visit: elcaminohealth.org/communitybenefit, or elcaminohealthcaredistrict.org/communitybenefit.

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<th>Grant Cycle and Timeline</th>
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<td><strong>JANUARY</strong></td>
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<tr>
<td>Grant Applications Available on District and Hospital Websites</td>
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| **FEBRUARY** |
| Grant Applications Due |

| **MARCH / APRIL / MAY** |
| Application Review with Community Benefit Advisory Council |
| Development of Annual Community Benefit Plan |

| **JUNE** |
| District and Hospital Boards of Directors Review Community Benefit Plans |
| Applicants Notified of Funding Approvals |

| **JULY** |
| New Fiscal Year Grant Programs Begin |

In the last five years, El Camino Healthcare District and El Camino Hospital invested **$47.4 million** in community grants and sponsorships.
Ensuring people in need have the opportunity to enjoy better health is central to our grant funding. We do this through prevention and management of chronic diseases, access to integrated care, and increasing opportunities for physical activity and social-emotional health.
El Camino Healthcare District was formed pursuant to the California Local Health Care District Law (California Health and Safety Code Sections 32000 et seq.) in the 1950s. The District’s purpose is to establish, maintain and operate, or provide assistance in the operation of one or more health facilities (as that term is defined in the California Health and Safety Code Section 1250) or health services at any location within or without the territorial limits of the District, for the benefit of the District and the people served by the District, and to do any and all other acts and things necessary to carry out the provisions of the District’s Bylaws and the Local Health Care District Law. The District’s boundaries encompass Mountain View and Los Altos, large portions of Sunnyvale and Los Altos Hills, and small sections of Cupertino, Santa Clara and Palo Alto. The District is governed by a five-member publicly elected Board and provides oversight of El Camino Hospital, a nonprofit community hospital. The District also administers a Community Benefit Program, which addresses unmet health needs through grants and collaborations with local schools, nonprofits, and social and health service providers.

El Camino Health aims to deliver a healthcare experience that is personalized and designed around an individual’s needs. El Camino Health includes two nonprofit acute care hospitals in Los Gatos and Mountain View and urgent care, multi-specialty care and primary care locations across Santa Clara County. Hospital key medical specialties include cancer, heart and vascular, lifestyle medicine, men’s health, mental health and addictions, pulmonology, mother-baby, orthopedic and spine, stroke, urology and women’s health. Affiliated partners include Silicon Valley Medical Development, El Camino Health Foundation and Concern.

Through the Community Benefit Grant Program, El Camino Health partners with organizations working to address the unmet health needs of underserved and at-risk community members in an effort to improve the overall health and well-being of the community. The Community Benefit Grant Program provides grants and sponsorships for programs focusing on preventing disease, improving mental health, and making healthy choices and healthcare more accessible.