



Monday

June 17, 2019

Soups Chicken Soup with Tarragon & Garlic *El Camino Café Culinary Creation*

Mushroom Bisque **Vegetarian**

Entrées

Grilled Chicken Breast Cacciatore with Creamy Polenta & Fresh Seasonal Vegetable
250 cals, 12.7g protein, 822.6mg sodium, 4g fiber, 11.37g fat, 23mg chol



Vegetarian Bowl- Farro, White Beans, Broccolini, Roasted Tomatoes & Artichokes

Sautéed Sole with Lemon & Capers

Sides

Jasmine Rice, Creamy Polenta V, Farro Pilaf Broccolini, Green Beans Almandine, Chef's Blend

Soups

Split Baby Garbanzo Bean, Potato & Bacon Soup *El Camino Café Culinary Creation*

Fired Roasted Vegetable **Vegetarian**

Entrées

Eye of Round with Portabella Mushrooms Roasted Yukon Potatoes and Fresh Seasonal Vegetable
373 cals, 25.7g protein, 495.6mg sodium, 6g fiber, 10.37g fat, 41mg chol



Potato & Cheddar Crusted Cod with Lime

Arzo Con Pollo (Chicken & Rice Casserole)

Sides

Jasmine Rice, Paprika Roasted Yukon, Rio Rice Pilaf Squash V, Glazed Carrots, Brussel Sprouts

Soups

Split Pea and Kale **Vegetarian**

Roasted Chicken & Corn Chowder *El Camino Café Culinary Creation*

Entrées

Turkey Meatloaf with Garlic BBQ Glaze Mashed Potatoes & Fresh Seasonal Vegetable
326 cals, 18.7g protein, 349.6mg, 5g fiber, 6.37g fat, 30mg chol



Thai Chicken with Jasmine Rice
(Asparagus, Peppers, Onions and Mushrooms in Red Curry Sauce)

Rueben Sandwich with Marble Rye Bread
(Corned Beef, Sauerkraut, Thousand Island)

Sides

Jasmine Rice, Mashed Potatoes & Gravy, Curly Fries Chef's Blend, Cauliflower Medley, Squash Mix

Soups

Butternut Squah and Apple **Vegetarian**

Chicken & Wild Rice *El Camino Café Culinary Creation*

Entrées

Grilled Chicken Breast Cordon Bleu, Bulgur Wheat Pilaf with Fresh Seasonal Vegetables
334 cals, 21.7g protein, 704.6mg sodium, 6g fiber, 14.37g fat, 49mg chol



Tilapia with Roasted Tomatoes and Creamy Pesto Sauce

Orange Sesame Pork with Jasmine Rice (Diced Peppers and Onions)

Sides

Jasmine Rice, Bulgur Wheat Pilaf, Wild Rice Blend Swiss Chard, Chef's Blend, Sautéed Spinach & Mushrooms

Soups

Clam Chowder *El Camino Café Culinary Creation*

Garden Vegetable **Vegetarian**

Entrées

Dijon Crusted Salmon with Tomato Beurre Blanc, Whole Wheat Couscous and Fresh Seasonal Vegetable
432 cals, 25.7g protein, 484.6mg sodium, 8g fiber, 18.37g fat, 68mg chol



Vegetarian Burrito
(Roasted Veggies, Corn, Black Beans, Cheese and Spanish Rice)

Chicken Marsala
(Sauted Chicken Breast with Herbs, Marsla Wine Sauce and Mushrooms)

Sides

Jasmine Rice, Whole Wheat Couscous V, Roasted Potatoes Broccoli Rabe, French Green Beans, Chef's Blend

Friday

June 21, 2019



Week of June 17 – June 21, 2019

Global Cuisine

Monday

Chicken Tostada

Chicken Carnitas, Queso, Shredded Lettuce, Tomatoes,
Salsa and Refried Beans on Tostada Shell

Tuesday

Fish Tacos

Beer Battered Cod, Shredded Cabbage Slaw, Cilantro, Corn Tortilla served with Limes

Wednesday

Chicken Salad

Mixed Greens, Cucumbers, Tomatoes, Eggs,
Diced Bacon, Croutons, Parmesan Cheese, Vidalia Onion Dressing

Thursday

Sushi Bar

Friday

Pork Belly Banh Mi Sandwich

Pickled Daikon & Carrots, Green Onions, Jalapenos, Cilantro, Garlic Mayo,
Cucumbers & Pate on French Bread

Café Hours

Monday – Friday

Breakfast

6:30 a.m. – 10:00 a.m.

(Global & Hot Service Ends 9:45)

Closed: 10:00 a.m. – 11:00 a.m.

Lunch

11:00 a.m. – 3:30 p.m.

Hot service ends 2:00 p.m.

Grill closes 3:00 p.m.

Closed: 3:30 p.m. – 4:30 p.m.

Dinner

4:30 p.m. – 7:30 p.m.

(NO Global Cuisine)

Grill closes 7:00 p.m.

Closed: 7:30 p.m.

Weekend/Holidays

Breakfast

7:00 a.m. – 10:00 a.m.

(Continental Breakfast Only)

Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

(NO Grillworks)

Closed: 2:30 p.m. – 4:30 p.m.

Dinner

4:30 p.m. – 7:00 p.m.

(NO Grillworks or Global)

Closed: 7:00 p.m.

CANCER HEALTHY plate has low fat dairy, fish or lean meat makes up to one-fourth of your plate, the remaining is filled with a variety of vegetables, fruits, soy, nuts, whole grains and beans can help lower your risk of cancer.

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs.

SPICY Seasoned with or containing spice.