# Newsflash



August 2019

### **Meet the Editor**

My name is Nicholas Lingscheit and I have had the honor of helping create the monthly Newsflash articles for three years now. As I prepare for a new environment this fall in Arizona as a Public Health student, I reflect on all of the special memories made at this hospital within the past several years. Being a volunteer means so much more than just getting service hours for a school requirement. It goes deeper than anything I had initially thought. I chose the Friday morning shift because of my school schedule...but staying on the morning shift was no easy task...especially for someone who isn't a morning person...but luckily that free coffee perk kept me going for my shifts.

Everything from hearing exceptional stories from patients, bonding with other volunteers and hospital workers, participating in volunteer events and the Newsflash, I became a part of a whole new community that I now call my volunteering family. What I thought would only be about a year turned into seven incredible years at El Camino. It can't all be explained fully in this article alone but volunteering truly is a life-altering experience that not only gives back to patients and the hospital but also helps you discover your own value in society. Thank you. (Enjoy some photos of my Auxiliary adventures on the right panel)

## Message from the President

Judy Van Dyck

It seems like only yesterday we were saying "Spring has sprung!" so take time to enjoy the remaining sunny warm days, memories of vacation trips and time spent with family and loved ones.

A big THANK YOU to everyone who has substituted for other volunteers so they could take time off. We appreciate your dedication to the Auxiliary. Continue to change frowns to smiles!

"You brighten lives around you with the warmth and skills you share." -Anonymous











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#### **ECH Los Gatos Information Desk**



ECH Los Gatos front desk with beautiful flowers

 ECH Los Gatos is the smaller sister campus to ECH Mountain View. El Camino Health also has satellite clinics in the West Valley/Lower Peninsula area of Silicon Valley.



## **Special Announcements**

- The annual Shuttle/Roadrunner BBQ took place recently at Cuesta Park. Not only does this celebration make the Shuttle/Roadrunner department feel appreciated for all of their diligence; it also allows for these volunteers to meet and connect with each other since they aren't given a chance while volunteering—usually they are out and about transporting people so time isn't allotted for getting to know fellow volunteers.
- Reminder to let your Chairperson know ahead of time if you won't be able to make a shift and to find a sub as well.
- Remember that the deadline for the Annual Compliance Review, TB testing, and payment for volunteer dues has already passed and any late dues should be submitted to the Auxiliary office immediately. Please call the office if you have any questions.
- If anyone is interested in becoming a Newsflash editor, please contact the Auxiliary Office.
- If any volunteer hasn't picked up a backpack and Bluetooth speaker yet, please do so at the Auxiliary Office...these special gifts areavailable for all our volunteers.

