




Monday

September 16, 2019

Soups	Curried Carrot Soup VEGETARIAN
	Albondigas Soup
Entrées	Whole Grain Cheese Ravioli Primavera w/ Garlic Bread VEGETARIAN 
	Spaghetti With Beef Bolognese & Garlic Bread
	Chicken Tikka Marsala w/ Naan
Sides	Basmati Rice, Indian Spiced Roasted Cauliflower, Steamed Vegetable Medley VEGETARIAN


Tuesday

September 17, 2019

Soups	Szechuan Chicken Soup
	Provencal Vegetable Soup VEGETARIAN
Entrées	Potato Crusted Basa Fish, Jade Rice Pilaf, Balsamic Glazed Roasted Cauliflower 
	French Dip w/ Provolone Cheese & Au Jus on a Soft Steak Roll
	Penne Pasta w/ Mushroom Alfredo & Fresh Herbs VEGETARIAN
Sides	Jade Rice Pilaf, Onion Rings, Coriander Roasted Carrots, Steamed Vegetable Medley VEGETARIAN


Wednesday

September 18, 2019

Soups	Curry Spiced Chickpea & Cauliflower VEGETARIAN
	Loaded Baked Potato Soup (contains bacon)
Entrées	Oven Fried Chicken, Fresh Roasted Sweet Potatoes & Seasonal Steamed Vegetables 
	BBQ Glazed Meatloaf
	Vegetarian Eggroll with Sweet & Sour Sauce VEGETARIAN
Sides	Steamed Brown Rice, Roasted Sweet Potatoes, Steamed Vegetable Medley VEGETARIAN


Thursday

September 19, 2019

Soups	Beef & Barley
	Creamy Potato Leek VEGETARIAN
Entrées	Turkey Salisbury Steak, Mashed Potatoes, Steamed Assorted Vegetables 
	Super Carne Asada Tacos (pinto beans, salsa, sour cream, queso fresco)
	Vegetarian Tacos ("Beef" Crumbles) VEGETARIAN
Sides	Mashed Potatoes, Steamed Brown Rice, Steamed Vegetable Medley, Roasted Brussel sprouts VEGETARIAN

Friday

September 20, 2019

Soups	Minestrone VEGETARIAN
	Sausage & White Bean
Entrées	Mongolian Beef Stir-Fry, Assorted Vegetables & Steamed Brown Rice 
	Sautéed Chicken Breast w/ Herbed Veloute
	Yakisoba Noodle Stir-Fry VEGETARIAN
Sides	Steamed White or Brown Rice, Roasted Kabocha Squash, Steamed Vegetable Medley VEGETARIAN

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs.

SPICY Seasoned with or containing spice.