





Monday March 30, 2020	Soups	Garden Vegetable Soup VEGETARIAN	
		Vietamese Chicken Noodle Soup	
	Entrées	Teriyaki Tofu, Steamed Brown Rice w/ Stir-Fried Vegetables	
		Teriyaki Beef Strips with Bell Peppers	
		Vegetable Eggrolls with Sweet & Sour Sauce	
	Sides	Steamed Brown Rice, Steamed White Rice, Asian-Spiced Vegetables, Roasted Squash Medley	
Tuesday March 31, 2020	Soups	Thai Curried Seafood Stew (Shellfish!)	
		Lentil Vegetable Soup vegetarian	
	Entrées	Rutabaga & Beef Stew with Couscous	Cancer HELLTHY
		Braised Chicken Thighs with Mushrooms	
		Cavatappi Pasta with Artichoke Hearts in Sundried Tomato Cream Sauce VEGETARIAN	
	Sides	Couscous, Garlic Bread, Roasted Vegetables, Steamed Vegetable Medley.	
Wednesday April 1, 2020	Soups	Pork Posole with Hominy	
		Farmhouse Vegetable Barley Soup VEGETARIAN	
	Entrées	Chicken & Brown Rice Burritos with Steamed Broccoli	
		Shredded Beef Enchilada Casserole	
		Chile Cheese Tamales VEGETARIAN	
	Sides	Chef's Rice, Roasted Potatoes, Chef's Vegetable, Steamed Broccoli.	
Thursday April 2, 2020	Soups	Szechuan Chicken Soup	
		Butternut Squash vegetarian	Cancer
	Entrées	Whole Wheat Penne Pasta with Turkey Bolognese Sauce	HEALTHY
		Thai Beef with Basil	
		Thai Curried Tofu vegetarian	
	Sides	Steamed White Rice, Garlic Bread, Steamed Vegetable Medley, Roasted Vegetables.	
	Soups	Creamy Mushroom & Roasted Garlic VEGETARIAN	
		New England Clam Chowder (<mark>Shellfish</mark> !)	



Chicken Breast Marengo with Quinoa Pilaf and Fresh Seasonal Vegetables



Friday April 3, 2020		omoken Breast marengo with Quiloa Filar and Fresh ocasonal vegetables	Cancer HE LTHY
	Entrées	Crusted Coconut Tilapia	
		Spaghetti Special! vegetarian	
	Sides	Quinoa Pilaf, Cook's Rice, Roasted Veggies, Seasonal Vegetable Medley.	
VEGETARIAN Does not c		iowl; may contain dairy & eggs.	

SPICY Seasoned with or containing spice.