



**Cauliflower & Cheddar** **VEGETARIAN**

**Beef Chili**

**Buttermilk Fried Chicken**

**Entrées** **Grilled Catfish with BBQ Glaze**

**Roast Pork Loin with Balsamic and Caramelized Onions**

**Sides** **Jasmine Rice, Roasted Sweet Potatoes, Mac & Cheese, Collard Greens, Chef's Blend, Broccolini – Corn Bread**

**Soups** **Miso Soup**

**Wicked Thai**

**Toasted Italian Sub-**

Provolone, Pepperoni, Salami, Turkey Bologna, Basil Pesto

**Entrées** **Vegetarian Lasagna** **VEGETARIAN**

A blend of red and yellow peppers, broccoli, and carrots in a creamy sauce with a hint of garlic, smothered with ricotta, mozzarella, parmesan topped with bread crumbs.

**Carne Asada**

**Beef Burrito with onions, peppers, rice, beans and queso**

**Sides** **Jasmine Rice, Spanish Rice V, Fresh Potato Chips Asparagus, Chef's Blend, Cauliflower**

**Soups** **Italian Ravioli with Italian Sausage and Spinach**

**Spicy Mushroom Meatball Soup** *El Camino Café Culinary Creation* **VEGETARIAN**

**Chicken Tikka Masala**

**Entrées** **Baked Cod Crusted with Panko & Creole Mustard** *(Atlantic Sustainable)*

**Grilled Hanger Steak with Pearl Onions & Gravy**

**Sides** **Jasmine Rice, Roasted Potatoes, Farro Pilaf V Chef's Blend, Broccoli, Yellow Squash & Tomatoes**

**Soups** **Moroccan Lentil** **VEGETARIAN**

**Coconut-Gingered Chicken Soup** *El Camino Café Culinary Creation*

**Spaghetti with Meatballs (Beef)**

**Seared Barramundi with Cilantro Pesto & Lime Crust**

**Entrées** **Paneer Wrap** **VEGETARIAN**

Paneer Cheese with Grilled Peppers & Onions, Saffron Basmati, Red Pepper Hummus wrapped in a Flour Tortilla

**Sides** **Jasmine Rice, White & Wild Pilaf V, Garlic Bread Green Beans & Butternut Squash, Chef's Blend, Brussel Sprouts**

**Soups** **Clam Chowder** *El Camino Café Culinary Creation*

**Vegetable Garden**

**Chicken Marengo (Green Olives & Black Olives)**

**Entrées** **Cheese Ravioli with Grilled Vegetables and Puttanesca Sauce (marinara sauce with chili flakes, olives, capers and basil)** **VEGETARIAN**

**Grilled Salmon with Lemon & Chives** *(Pacific Sustainable)*

**Sides** **Jasmine Rice, Tri-Colored Quinoa V, Roasted Potatoes Broccoli Rabe, Chef's Blend, Glazed Carrots**

**Tuesday**  
July 7, 2020

**Wednesday**  
July 8, 2020

**Thursday**  
July 9, 2020

**Friday**  
July 10, 2020

**CANCER HEALTHY** plate has low fat dairy, fish or lean meat makes up to one-fourth of your plate, the remaining is filled with a variety of vegetables, fruits, soy, nuts, whole grains and beans can help lower your risk of cancer.

**VEGETARIAN** Does not contain meat, fish or fowl; may contain dairy & eggs.

**PLANT BASED** Does not contain meat, fish, fowl dairy & eggs.

**MENU SUBJECT TO CHANGE**



## Week of July 6, 2020 – July 10, 2020 Global Cuisine

**Monday** **BBQ Chopped Beef Sandwich**  
Slow cooked Beef with BBQ Sauce on Brioche Bun, Coleslaw and Shoestring Fries

**Tuesday** **Sushi**

**Wednesday** **Chicken Shawarma**  
Shredded Lettuce, Tomatoes, Red Onions & Sliced Cucumbers  
with Tzatziki Sauce on Pita Bread

**Thursday** **Grilled Lemongrass Chicken Salad with Rice Noodle**  
Shredded Lettuce, Pickled Daikon & Carrots, Green Onions and Cucumbers  
with Spicy Peanut Sauce

**Friday**



**Shrimp Taco's**  
Grilled Shrimp with Pineapple Slaw and Coconut Cream Sauce  
topped with toasted Coconut Flakes

## Café Hours

### Monday – Friday

#### Breakfast

6:30 a.m. – 10:00 a.m.

**(Global & Hot Service Ends 9:45)**

*Closed:* 10:00 a.m. – 11:00 a.m.

#### Lunch

11:00 a.m. – 3:30 p.m.

Hot service ends 2:00 p.m.

Grill closes 3:00 p.m.

*Closed:* 3:30 p.m. – 4:30 p.m.

#### Dinner

4:30 p.m. – 7:30 p.m.

**(NO Global Cuisine)**

Grill closes 7:00 p.m.

*Closed:* 7:30 p.m.

### Weekend/Holidays

## Café Closed

Please join us at the **Bistro** for Breakfast

#### Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

**(NO Grillworks)**

*Closed:* 2:30 p.m. – 4:30 p.m.

#### Dinner

4:30 p.m. – 7:00 p.m.

**(NO Grillworks or Global)**

*Closed:* 7:00 p.m.

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