



Monday

July 6, 2020

Soups	Creamy Asparagus Soup VEGETARIAN
	Beef & Barley Soup
Entrées	Pizza Day!
	Ham & Pineapple Pizza <u>or</u> Cheese Pizza (VEGETARIAN)
	Crispy Fried Chicken
Sides	Roasted Potato Medley, Steamed Local Veggies, Roasted Vegetable Medley VEGETARIAN

Tuesday

July 7, 2020

Soups	Lemon Chicken Soup
	Mediterranean Vegetable Soup VEGETARIAN
Entrées	BBQ Beef Meatloaf Topped with Crispy Onions
	Veggie BBQ “Meat”balls VEGETARIAN
	Oven-Fried Chicken Breast
Sides	Mashed Potatoes, Aztec Rice, Roasted Veggies, Steamed Vegetable Medley VEGETARIAN

Wednesday

July 8, 2020

Soups	Menudo
	Hearty Vegetable Soup VEGETARIAN
Entrées	Mongolian-Marinated Flank Steak
	Ginger & Scallion Basa Fish
	Veggie Chow Mein Noodles VEGETARIAN
Sides	Mango Rice, Chow Mein Noodles, Steamed Veggies, Roasted Vegetable Medley VEGETARIAN

Thursday

July 9, 2020

Soups	Albondigas Soup
	Creamy Potato Leek Soup VEGETARIAN
Entrées	Carne Asada Tacos
	Chicken Taquitos
	Chili/Cheese Tamales
Sides	Spanish Rice, Steamed Vegetables, Roasted Squash, Tortillas & Taco Fixings VEGETARIAN

Friday

July 10, 2020

Soups	Minestrone VEGETARIAN
	New England Clam Chowder (Shellfish!)
Entrées	Crispy Chicken Sandwich
	French Dip Sandwich Au Jus
	Falafel Sandwich with Tahini or Yogurt Sauce (Steak Roll)
Sides	French Fries, Hoagie Rolls, Roasted Veggies, Steamed Vegetables VEGETARIAN

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs.

SPICY Seasoned with or containing spice.