



Soups

**Cream of Chicken & Mushroom** *El Camino Café Culinary Creation*

**Fire Roasted Tomato** **Vegetarian**

## Monday

August 10, 2020

Entrées

**Tuscan Braised Chicken**

with rosemary, zucchini, cherry tomatoes, sliced red onions, olives in a spicy tomato gravy

**Lemon Grass Basil Tofu Bowl, Pacific Rim Vegetables & Noodles**  
**Vegetarian**

**New England Baked Cod with Panko & Quinoa Crust**

Sides

**Jasmine Rice, Creamy Polenta V, 5 Grain Rice Pilaf PB**  
**Broccoli, Chef's Blend, Green Bean**

Soups

**Manhattan Clam Chowder**

*El Camino Café Culinary Creation*

**Cauliflower & Bacon**

## Tuesday

August 11, 2020

Entrées

**Pork Achiote Burrito**

Pinto Beans, Spanish Rice, Queso, Poblano Peppers and Roasted Corn

**Roasted Vegetable Calzone with Basil Pesto, Marinara & Cheese**

**Sautéed Idaho Rainbow Trout Almandine**

Sides

**Jasmine Rice, Spanish Rice, Yukon Potatoes**  
**Broccoli, Chef's Blend, Baby Bok Choy**

Soups

**Italian Wedding Soup** *El Camino Café Culinary Creation* **Vegetarian**  
(Mushroom Meatballs)

**Broccoli & Cheddar**

## Wednesday

August 12, 2020

Entrées

**Oven Baked Fried Chicken Drumstick**

**Slow Cooked Beef Brisket with Coke BBQ Glaze**

**Calypso Bean Bowl**-with Roasted Tomatoes, Vegetable Blend, Farro Pilaf, Cilantro and Red Pepper Sauce **Vegetarian**

Sides

**Jasmine Rice, Mashed Potatoes & Gravy, Farro Pilaf PB**  
**California Blend, Sautéed Kale, Acorn Squash**

Soups

**Lentil Soup** **Vegetarian**

**Asian Chicken Noodle Soup** *El Camino Café Culinary Creation*

**Chicken Breast Cordon Bleu Florentine**

with sliced tomatoes, spinach and Swiss Cheese

Entrées

**Parmesan Roasted Tilapia with Lemon & Caper Sauce**

**Dahl Makani** black lentils, red beans, ginger, garlic butter and cream.  
**Paneer Tikka Masala**

Sides

**Jasmine Rice, Saffron Basmati Rice, Naan**  
**Chef's Blend, Green Beans & Mushrooms, Swiss Chard**

Soups

**Clam Chowder** *El Camino Café Culinary Creation*

**Minestrone** **Vegetarian**

**Dijon Crusted Salmon with Tomato Beurre Blanc**

## Friday

August 14, 2020

Entrées

**Stuffed Portabella Mushrooms with Spinach & Whole Grains** **Vegetarian**

**Chicken Ryebein Sandwich**

Sauerkraut, Muenstar Cheese & Thousand Island on Marble Rye Bread

Sides

**Jasmine Rice, Whole Wheat Couscous PB, Sidewinders**  
**Sautéed Spinach, Chef's Blend, Glazed Baby Carrots**



## Week of August 10 – 14, 2020

### Global Cuisine

#### Monday

#### Chicken, Apple & Feta Salad

Chicken, Romaine Lettuce, Sliced Red Onions, Craisins, Candied Walnuts, Feta Cheese with Honey-Dijon Dressing

#### Tuesday

#### Hoisin Chicken Wrap

Thinly Sliced Cucumbers, Asian Cole Slaw, Cilantro, Red Peppers with Lavosh Wrap

#### Wednesday

#### Nachos

Seasoned Ground Beef, Black Beans, Sour Cream, Salsa Verde, Pico De Gallo, Jalapenos, Cheese Sauce, Green Onions, Diced Tomatoes

#### Thursday

#### Pancit Canton

shrimp, chicken with snow peas, green onions, cabbage and carrots and noodles

#### Friday

#### Wild Seadog (Codfish) Wrap

Cabbage Slaw, Cilantro Roasted Corn with Ancho Chili Sauce

### Café Hours

#### Monday – Friday

##### Breakfast

6:30 a.m. – 10:00 a.m.

**(Global & Hot Service Ends 9:45)**

*Closed:* 10:00 a.m. – 11:00 a.m.

##### Lunch

11:00 a.m. – 3:30 p.m.

Hot service ends 2:00 p.m.

Grill closes 3:00 p.m.

*Closed:* 3:30 p.m. – 4:30 p.m.

##### Dinner

4:30 p.m. – 7:30 p.m.

(NO Global Cuisine)

Grill closes 7:00 p.m.

*Closed:* 7:30 p.m.

#### Weekend/Holidays

### Café Closed

Please join us at the *Bistro* for Breakfast

##### Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

**(NO Grillworks)**

*Closed:* 2:30 p.m. – 4:30 p.m.

##### Dinner

4:30 p.m. – 7:00 p.m.

**(NO Grillworks or Global)**

*Closed:* 7:00 p.m.

**CANCER HEALTHY** plate has low fat dairy, fish or lean meat makes up to one-fourth of your plate, the remaining is filled with a variety of vegetables, fruits, soy, nuts, whole grains and beans can help lower your risk of cancer.

**VEGETARIAN** Does not contain meat, fish or fowl; may contain dairy & eggs.

**PLANT BASED** Does not contain meat, fish, fowl dairy & eggs.