OCTOBER 2020

Mountain View Campus

SPECIAL CME GRAND ROUNDS: OCT. 1, 2020 @ 2PM
Finding our Voices: Critical Dialogues about how we Die in America and what can we do about it with Dr. Jessica Zitter
Register in advance for this meeting: https://www.elcaminohealth.org/stay-healthy/class/finding-our-voices

SPECIAL CME GRAND ROUNDS: OCT. 1, 2020 @ 3PM
Finding a Better Path to the End of Life: Palliative Care with Dr. Jessica Zitter
Register in advance for this meeting: https://www.elcaminohealth.org/stay-healthy/class/finding-our-voices

CME GRAND ROUNDS: OCT. 13, 2020 @ 12:30PM
Diabetes
Archana Bindra, MD; Endocrinologist
Details to follow

PEDIATRIC GRAND ROUNDS: OCT. 19, 2020 @ 8AM
Chronic Cough
MyMy Buu; Pediatric Pulmonologist; Stanford Children’s Hospital
Register in advance for this meeting: https://elcaminohealth.zoom.us/meeting/register/tJwtf-iurTgvG9aTwoOKb2VAagG3Vdv4rtt

STROKE CASE REVIEW: OCT. 20, 2020 @ 12NN
MV Campus – Conf. Rms. A & B

STROKE EDUC. DINNER: OCT. 22, 2020 @ 5:30PM
Sleep Apnea and Stroke
Tony Masri, MD; Neurologist & Sleep Medicine Specialist
MV Campus, Conference Rooms E, F, & G & via Zoom

CME GRAND ROUNDS: OCT. 27, 2020 @ 12:30PM
Medical Aid in Dying: A Clinical Practice Update
Lonny Shavelson, MD; Founder, Bay Area End of Life Options
Register in advance for this meeting: https://elcaminohealth.zoom.us/meeting/register/tJwpcOCrrjovHtNh6qo1sKuTgeHBwo4WehY

Los Gatos Campus

CME GRAND ROUNDS: OCT. 6, 2020 @ 12:30PM
Sleep Health: What’s New in 2020
Tony Masri, MD; Neurologist & Sleep Medicine Specialist
Register in advance for this meeting: https://elcaminohealth.zoom.us/meeting/register/tJ0ufuypqjosHdxYaZUhbWM9S2aDiKTeY
Finding Our Voices: Critical dialogues about how we die in America and what we can do about it with Dr. Jessica Zitter

Thursday, October 1, 2020
12 p.m. – 2 p.m. for Clinicians
Register at https://elcaminohealth.zoom.us/meeting/register/tJYlc-Cppj8jGdVP9h93tVvKt69eDI8r2DpT

Dr. Jessica Zitter, based at Highland Hospital in Oakland, is an Intensive Care physician and Palliative Care Specialist who helps terminal patients and their families during the toughest time of their lives – coming to terms with their death.

Join us for a one-of-a-kind virtual event including a keynote presentation with Q&A with Dr. Zitter and a screening of the short documentary film in which she stars. Extremis, winner (best short) of the 2016 Tribeca Film Festival and 2017 Emmy and Academy Award Nominated, focuses on the wrenching emotions that accompany end-of-life decisions as doctors, patients and families in a hospital ICU face harrowing choices.

Speaker bio
After two decades of caring for critically ill patients, Jessica Nutik Zitter, MD, MPH is a strong advocate for a new approach to caring for the dying. Having herself participated in the default and indiscriminate use of technology on dying patients, with its resultant suffering, Dr. Zitter has come to view this situation as a public health crisis. She is committed to reorienting our care of the dying to a more collaborative process whereby the patient, rather than her organ or disease, is the primary focus of care.


Her forthcoming documentary, “Caregiver: A Love Story” examines the rising public health crisis of family caregiver burden. Her work is also featured in the 2017 Oscar- and Emmy-nominated short-documentary “Extremis,” now streaming on Netflix. This vérité film follows Jessica, her team and several patients and their families in the intensive care unit at Highland Hospital. She has also been featured on “Fresh Air” with Terry Gross, “The Doctors,” “Doctor Oz,” CBS Sunday Morning, and others.

This activity is eligible for 2 CME credits

Please contact Gretchen_Suess@elcaminohealth.org or call the Palliative Care department at 650-988-7624 with questions.
El Camino Health | Inpatient Palliative Care

Finding a Better Path to the End of Life: Palliative Care with Dr. Jessica Zitter

Thursday, October 1, 2020
3 p.m. – 5 p.m. for Patients and Community Members
Register at https://elcaminohealth.zoom.us/meeting/register/tJUodeCuqTotGt0gKWPfieRyLqmIWhcRCr9h

Dr. Jessica Zitter, based at Highland Hospital in Oakland, is an Intensive Care physician and Palliative Care Specialist who helps terminal patients and their families during the toughest time of their lives – coming to terms with their death.

Join us for a one-of-a-kind virtual event including a keynote presentation with Q&A with Dr. Zitter and a screening of the short documentary film in which she stars. Extremis, winner (best short) of the 2016 Tribeca Film Festival and 2017 Emmy and Academy Award Nominated, focuses on the wrenching emotions that accompany end-of-life decisions as doctors, patients and families in a hospital ICU face harrowing choices.

Speaker bio
After two decades of caring for critically ill patients, Jessica Nutik Zitter, MD, MPH is a strong advocate for a new approach to caring for the dying. Having herself participated in the default and indiscriminate use of technology on dying patients, with its resultant suffering, Dr. Zitter has come to view this situation as a public health crisis. She is committed to reorienting our care of the dying to a more collaborative process whereby the patient, rather than her organ or disease, is the primary focus of care.


Her forthcoming documentary, “Caregiver: A Love Story” examines the rising public health crisis of family caregiver burden. Her work is also featured in the 2017 Oscar- and Emmy-nominated short-documentary “Extremis,” now streaming on Netflix. This vérité film follows Jessica, her team and several patients and their families in the intensive care unit at Highland Hospital. She has also been featured on “Fresh Air” with Terry Gross, “The Doctors,” “Doctor Oz,” CBS Sunday Morning, and others.

Clinicians are also welcome to attend
This activity is eligible for: Physicians: 2 CME / Nurses: 2 CEU credits

Please contact Gretchen_Suess@elcaminohealth.org or call the Palliative Care department at 650-988-7624 with questions.
STROKE EDUCATION
DINNER MEETING

Date:    Thursday, October 22, 2020
Time:    5:30pm-7:00pm
Place:   MV Conference Rooms EFG
         And Via Zoom

Sleep Apnea and Stroke
With Dr. Tony Masri

Learning Objectives:
1. Describe the relationship between sleep apnea and stroke
2. Identify causes of sleep apnea
3. Discuss treatments for sleep apnea

In person seating is limited, so pre-registration for dinner is requested.
Confirmation with Zoom details will be shared upon registering at:

https://elcaminohealth.zoom.us/meeting/register/tJIufuqhpj4jGNBm9SVdnqV04rvN8UM8BZZh

TO RSVP FOR IN-PERSON DINNER OR FOR MORE INFORMATION, please
email christine_kilkenny@elcaminohealth.org or call 650-962-5850

Provider approved by the California Board of Registered Nursing; Provider Number: CEP532 for 1.5 contact hours.

El Camino Hospital is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. El Camino Hospital designates this live presentation for a maximum of 1.5
AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. No one involved in the planning or presentation of this activity has disclosed any financial relationships with a commercial interest.

You must complete an evaluation form to qualify for CME credit.