



Soups

Monday

September 28, 2020

Entrées

Beef & Barley

Cream of Broccoli & Cheddar *El Camino Café Culinary Creation* **VEGETARIAN**

Southern Fried Chicken

ECH's Vegetarian Stuffed Shells **VEGETARIAN**

A blend of red and yellow peppers, spinach and carrots in a marinara sauce with a hint of garlic, smothered with ricotta, mozzarella topped with parmesan

Pork Adobo Shanks

Sides

Jasmine Rice, Garlic Rice, Mashed Potatoes & Gravy, Collard Greens, Chef's Blend, Fried Okra, Corn Bread

Soups

Cream Of Asparagus **VEGETARIAN**

Andouille Sausage & Bean Soup *El Camino Café Culinary Creation*

Entrées

Crispy Eggplant Parmesan Sandwich on Brioche Bun **VEGETARIAN**

Roasted Catfish with Pear Tomatoes and Caramelized Onions

Beef Fajitas with flour tortillas(2) onions, peppers,

Sides

Jasmine Rice, Spanish Rice V, Pinto Beans Asparagus, Chef's Blend, Cauliflower

Soups

Chicken with Cheese Tortellini *El Camino Café Culinary Creation*

Vegetarian Chili **VEGETARIAN**

Entrées

Curried Colorful Cauliflower Bowl
Garbanzo Beans, Roasted Tomatoes, Kale, Quinoa, Peppers, Orzo Pasta and Carrots with Lemony Tahini Sauce **VEGETARIAN**

Roasted Snapper with Tomatoes, Peppers, Onions, Squash

Chicken Saltimbocca(prosciutto, sage and Provolone cheese)

Sides

Jasmine Rice, Roasted Potatoes, Farro Pilaf V Chef's Blend, Broccoli, Yellow Squash & Tomatoes

Soups

7 Bean **VEGETARIAN**

Chicken Wonton Soup *El Camino Café Culinary Creation*

Roast Beef with Aujus and Creamed Horseradish

Seared Barramundi with Kale Chimichurri Sauce

Entrées

Grilled Portabella Mushroom on Tomato Wrap
Roasted Mushrooms, Peppers, Onions, Tomatoes, Wild Grains with a creamy Artichoke Sauce wrapped in a Tomato Wrap **VEGETARIAN**

Sides

Jasmine Rice, White & Wild Pilaf V, Stuffed Baked Potato Green Beans & Butternut Squash, Chef's Blend, Brussel Sprouts

Soups

Clam Chowder *El Camino Café Culinary Creation*

Vegetable Garden

Chicken Marengo (Green Olives & Black Olives)

Entrées

Spinach and Gorgonzola Ravioli with Summer Squash, Zucchini and Red Peppers **VEGETARIAN**

Roasted Salmon with Plum Tomatoes, Oranges and Fresh Herbs
(Pacific Sustainable)

Sides

Jasmine Rice, Tri-Colored Quinoa V, Roasted Potatoes Broccoli Rabe, Chef's Blend, Glazed Carrots

Wednesday

September 30, 2020

Thursday

October 1, 2020

Friday

October 2, 2020

CANCER HEALTHY plate has low fat dairy, fish or lean meat makes up to one-fourth of your plate, the remaining is filled with a variety of vegetables, fruits, soy, nuts, whole grains and beans can help lower your risk of cancer.

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs.

PLANT BASED Does not contain meat, fish, fowl dairy & eggs.

MENU SUBJECT TO CHANGE



Week of September 28, 2020 – October 2, 2020

Global Cuisine

Monday

BBQ Beef Brisket Salad

Slow cooked Beef with BBQ Ranch Sauce, Lettuce, Poblano Peppers, Corn, Tomatoes, Green Onions and Cabbage Slaw with Crispy Onions

Tuesday

Pork Vindaloo

Cubed Pork with Potatoes in Savory Vindaloo Sauce served with Basmati Rice and Naan

Wednesday

Impossible Wet Burrito Vegetarian

Seasoned Impossible Meat *PB*, Roasted Corn & Peppers, Pinto Beans and Spanish Rice topped with Salsa Verde, Queso, Green Onions & Sour Cream

Thursday

Sushi Bar

Friday

Pho Ga

Chicken, Rice Noodles, Pho Broth, Mung Bean Sprout, Cilantro, Lime, Basil, Jalapenos, Green Onions

Café Hours

Monday – Friday

Breakfast

6:30 a.m. – 10:00 a.m.

(Global & Hot Service Ends 9:45)

Closed: 10:00 a.m. – 11:00 a.m.

Lunch

11:00 a.m. – 3:30 p.m.

Hot service ends 1:30 p.m.

Grill closes 3:00 p.m.

Closed: 3:30 p.m. – 4:30 p.m.

Dinner

4:30 p.m. – 7:00 p.m.

(NO Grillworks or Global)

Closed: 7:30 p.m.

Weekend/Holidays

Café Closed

Please join us at the *Bistro* for Breakfast

Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 1:30 p.m.

(NO Grillworks)

Closed: 2:30 p.m. – 4:30 p.m.

Dinner

4:30 p.m. – 6:30 p.m.

(NO Grillworks or Global)

Closed: 6:30 p.m.

SPICY Seasoned with or containing spice.

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PLANT BASED Does not contain meat, fish, fowl dairy & eggs.

MENU SUBJECT TO CHANGE