

# Healthy Giving

## Orchard Pavilion Renovation: A New Vision for Mother, Baby, and Family Care

The \$149 million expansion and remodel of the Orchard Pavilion (formerly known as the Women's Hospital) broke ground on April 1. The three-phase project is scheduled for completion in 2024. When it is finished, our Mountain View hospital will have the capacity to serve more patients in a private room environment that promotes healing and wellness for women, infants, and families in our community.

The neonatal intensive care unit (NICU), which currently has three six-bed wards and two private isolation rooms, is moving from the first floor to the second, and it will be 91 percent larger. Designed for family-integrated care, it will have 19 spacious private rooms and a five-bed pod. Parents will have comfortable facilities, including dedicated bathrooms

with showers, lounge and respite areas, convenient access to a bistro, and milk refrigerators – amenities that will enable them to stay comfortable and close, and enhance vital early bonding, growth, and development.

Currently, the Orchard Pavilion has 44 licensed postpartum beds on the first floor and the primarily dual occupancy mother-baby rooms are small and cramped. After renovation, there will be 52 licensed beds in 52 large, private rooms divided between the first and third floors, with nurseries located nearby. The labor and delivery unit will remain on the first floor but will expand significantly with the addition of eight rooms. Five of them will be part of a new antepartum unit for women with high-risk pregnancies who need monitoring

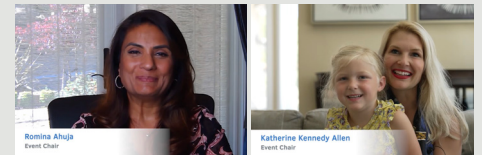
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Rendering of the expanded and remodeled Orchard Pavilion for Maternal and Child Health.

## Taking Wing Spring Celebration Launches Fundraising Effort for Orchard Pavilion

On May 27, 2021, friends and supporters of El Camino Health and the foundation tuned in for Taking Wing, a virtual celebration benefiting the renovation and expansion of the Orchard Pavilion for Maternal and Child Health. Anticipation for the event started building in the afternoon as guests received special deliveries consisting of four bottles of wine and a gourmet pairing box to be enjoyed during the program.



At 7:00 p.m. event co-chairs Romina Ahuja and Katherine Kennedy Allen welcomed everyone on Zoom. "We are delighted to give you a sneak preview of the new Orchard Pavilion and share the story of why this investment in our families and the next generation is so important," Romina told the audience. "Our family had the opportunity to experience El Camino's incredible care when I was on hospitalized bed rest in antepartum care for 46 days before Emerson was born at 28 weeks and spent 64 days in the amazing NICU at El Camino Health," added Kate. "Our story is why I joined Romina to co-chair the Taking Wing committee to support and help lead the fundraising effort for a maternal child

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## Message from the Foundation Chair

Thank you for connecting with us virtually these past months. Through the Healthy Connections learning series, Norma's Literary Luncheon, and our new spring celebration Taking Wing, we have been able to keep in touch and stay inspired despite staying spatially distanced. With your support, El Camino Health rose to every challenge posed by COVID-19 while taking exemplary care of our community. We can be proud our hospitals garnered several impressive honors and awards during this time:

- 4th consecutive American Nurses Credentialing Center Magnet® designation for nursing excellence.
- Healthgrades 2021 Outstanding Patient Experience Award™ - in the top 15 percent of hospitals nationwide for patient experience.
- Fortune & IBM Watson Health 100 Top Hospitals® 2021 - only California hospital to make this list; 100 Top Everest Award winner for being one of 20 healthcare providers on the list to achieve national benchmarks for both the fastest rate of improvement during the past five years and highest current year performance.
- 'A' Grade in Leapfrog Hospital Safety Grade program at Mountain View hospital - recognition of commitment to providing safe, high-quality care to patients.
- Los Gatos hospital named to Newsweek's 2021 list of Best Maternity Care Hospitals.

These accolades reinforce what we have long known: El Camino Health is special; our hospitals are deserving of philanthropic support; and our donations make a difference. Among other areas, that extra margin of excellence can be seen at our Cancer Center and Scrivner Center for Mental Health & Addiction Services, in Magnet-level bedside nursing care, and maternal-child healthcare, which are all highlighted in this issue. These will be among the foundation's fundraising priorities in the new fiscal year, which starts July 1, and you can read about

meaningful opportunities to support them.

We are grateful to all the donors and sponsors who reached out, stepped up, and contributed during these difficult months, particularly in response to the COVID-19 emergency relief effort. Usually we update the donor monuments in the Mountain View hospital annually to reflect your ongoing generosity. Last year, because of the pandemic, we instead published a virtual donor board on the foundation website and this spring we have done so again.

As I write this message the vaccination effort is gaining momentum, COVID hospitalizations are down, and more activities are opening up. For the foundation, we hope that means an in-person golf tournament and Chinese Health Initiative 10th anniversary Red Envelope Celebration in the fall. So, in a spirit of optimism and renewal, I will close by saying "see you soon." Meanwhile, have a good summer, and please stay healthy and safe.



John A. Conover, Chair  
El Camino Health Foundation  
Board of Directors



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## Orchard Pavilion Renovation: A New Vision for Mother, Baby, and Family Care *continued from page 1*

or bedrest before their due dates. There will also be a flexibly-configured eight-bed preparation and recovery area for Caesarean section or other surgeries.

A café with indoor and outdoor seating areas, small gift shop, and security station will be located on the ground floor. There will be new lobbies on the first and second floors, and an airy, light-filled mezzanine on the third floor. In addition, the building exterior will be refreshed and there will be many infrastructure upgrades.

“This will be a big expansion in terms of how many women we can serve,” says Heather Freeman, Senior Director, Maternal Child Health Service Line. “Every room will have better capability and comfort for our patients.” In fact, El Camino Health is projected to become the largest provider of childbirth services in the area.



*The NICU will have 19 private rooms with a place for parents to sleep in.*



*The first floor will have labor and delivery and antepartum rooms.*



*The first and third floors will each have 26 private postpartum mother-baby rooms.*

## TAKING *Wing* *Continued from page 1*

health building that matches the excellent care we experienced.”

CEO Dan Woods explained why the Orchard Pavilion project is so important. “At El Camino Health we invest in our community. We invest in the next generation,” he said. About 5,000 babies are born at our hospitals every year and that number is growing as more and more local



*Master Sommelier Randall Bertao*

physicians request privileges. When construction is complete, he anticipates we will be the largest, busiest, and most advanced birthing center in the area. The CEO assured listeners the hospital would do everything possible to minimize disruption to patients and families throughout the 32-month construction project, which began on April 1. When it is complete the Orchard Pavilion will have better facilities for caregivers and a quiet, light-filled, calming, hotel-like environment for patients, with the latest technologies, and comfortable amenities for partners.

“Tonight’s event is the launch of El Camino Health Foundation’s three-year fundraising effort to support this great undertaking,” El Camino Health Foundation President Andrew

Cope announced, as he encouraged everyone to contribute. He then introduced Master Sommelier Randall Bertao, general manager of the Los Altos Golf & Country Club. Bertao educated the audience on how to taste wine knowledgeably and guided guests as they sampled Fumé Blanc and Merlot from ONEHOPE winery, and Rosé of Pinot Noir and Pinot Noir from Furthermore Wines. ONEHOPE CEO Jake Kloberdanz and Furthermore Wines founder Chad Richard joined in a lively and informative conversation that provided insight into their winemaking philosophy and the impact of global climate change.

You can donate to the Orchard Pavilion renovation and expansion at [donate.elcaminohealth.org/takingwing](https://donate.elcaminohealth.org/takingwing).

# Fulfilling the Promise

*The exceptional work to fulfill the promise of better mental health and addiction services for our community continues at the Scrivner Center, sustained and propelled by generous donations to the foundation. Unlike most providers, El Camino Health implemented new safety protocols and continued to provide in-person treatment throughout the COVID-19 pandemic because of the commitment to quality. Demand for services has remained very high.*

## ASPIRE –Youth and Young Adult Services

ASPIRE continues to expand with support from the Mary and Doug Scrivner Endowment for Adolescent Mental Health Innovation and the Tad and Dianne Taube Program for Adolescent Behavioral Health. ASPIRE QUEST, which launched last fall to address habitual behaviors in youth, including drug misuse and screen addiction, is quickly growing to capacity. A new, more intensive ASPIRE partial hospitalization program (six hours per day), is scheduled to launch in October and will strengthen a continuum of care that includes the original after-school tracks for middle school, high school, and transition-age youth, and a prep program for adolescents who need additional support before entering the program. To further broaden ASPIRE's impact beyond El Camino Health's service area, the Scrivner Center has hired an ASPIRE Consortium coordinator. She is strengthening existing partnerships with hospitals in Oregon and southern California, coordinating research and outcome measurements among all participants, and actively looking for new partners.

## MOMS – Perinatal Mood Services

El Camino Health also provides a continuum of care to women with a perinatal mood condition. It ranges from inpatient treatment in the specialty women's unit of the Taube Pavilion, which is now being fully utilized, to partial hospitalization, to intensive outpatient therapy (MOMS). With a past grant from Hope to Health, the Scrivner Center will begin offering MOMS outpatient groups via Zoom for women who don't need the full intensity of the in-person therapeutic program and as a transition for MOMS graduates. The team is also addressing postpartum



ASPIRE clinical staff in Mountain View

mood impact prevention by launching a new 4th trimester class to prepare pregnant women for the emotional and physical changes they can expect after birth. It will be free and open to the community.

## Health and Wellness Program

In July, the Scrivner Center will launch a new Health and Wellness Program to help people with serious chronic medical conditions who have lost hope gain the motivation to reengage in their healthcare and find renewed purpose in life. The approach will be one-on-one sessions by the newly hired program coordinator. After completing the program, patients will be referred to groups in the community that help facilitate further peer connection. The Health and Wellness Program was seeded by a major gift to El Camino Health Foundation for that purpose.

## Project Hope

El Camino Health Chaplain Reverend John Harrison is initiating a new program to help patients and staff find hope and higher purpose through their struggles, and encourage patients to have faith they will get better. His initial focus is staff morale and wellness, and the

program will then transition to patients.

Looking to the future, Scrivner Center and maternal-child healthcare service line leaders are exploring a collaborative vision for a Family Wellness Center, which would be a new home for MOMS, ASPIRE, and ASPIRE QUEST. Other support and lifestyle-focused health programs for women and families, including lactation consultation, massage, exercise, and nutritional counseling, could also be offered there.

This work continues under the direction of new Scrivner Center Chief Medical Director Kalpana Nathan, MD, who came to El Camino Health in March.



Kalpana Nathan, MD

She has 23 years of experience supporting patients in the Veterans Administration system and is a clinical associate professor in the Stanford University Department of Psychiatry and Behavioral Sciences. Dr. Nathan is board certified in addictions and forensic psychiatry.

## PERINATAL MOOD SERVICES: PIONEERING CARE FOR WOMEN AT THE SCRIVNER CENTER

**“Postpartum depression is very common. Very few people know about it and it is the number one complication of any pregnancy in terms of incidence,” says Nirmaljit Dhama, MD, medical director of inpatient perinatal psychiatry.** Specialized mental health services for new mothers can be difficult to find. El Camino Health has developed a full continuum of programs that are appropriate for women with varying levels of symptoms. This includes intensive outpatient therapy (MOMS) under the direction of Dr. Nicole Tarui, partial hospitalization for women with more acute symptoms, and inpatient hospitalization for women whose safety and ability to care for themselves is at risk. Each program provides a step down or stepped up level of care as needed. “Our approach is to offer compassion and humanistic treatment as well as education,” Dr. Dhama says. Patients come from a variety of cultures and treatment takes their cultural norms and values into account.

Women are referred by their physicians or mental health providers, other hospitals, other patients, community

organizations, El Camino Health maternal child clinical staff, and even by searching online. A member of the Scrivner Center’s access or MOMS team reaches out and sets up a free in-office assessment with a clinician. The patient is either admitted to the appropriate Scrivner Center program or referred to a community resource. Treatment includes individual therapy, group therapy, occupational therapy, expressive arts, cognitive behavioral therapy, mindfulness, and support for partners. Women may also receive mother-infant interaction therapy and/or medication, as needed. The care team consists of physicians, social workers, psychologists, nurses, and health assistants. The program is designed so mothers can bring their babies to therapy. When ready, patients are discharged with a careful follow-up plan to ensure ongoing wellness.

El Camino Health is one of just two hospitals in the United States with a dedicated inpatient unit for perinatal women. Mothers and babies can be treated together on the unit during the day, care that is not available anywhere

else on the West Coast. Dr. Dhama notes such care helps to reduce feelings of guilt and suicidal thought, gives moms confidence in their parenting ability, improves bonding and attachment, and may lessen the effect of maternal illness on the baby’s development.



*Nirmaljit Dhama, MD*

For the past three years, Dr. Dhama has been a featured speaker at El Camino Health’s Maternal Mental Health Symposium, which features presentations by experts in the field and a peer panel of grateful El Camino Health patients. The symposium is an opportunity to bring maternal mental health disorders into the open, disseminate the latest information about treatment and related issues, and highlight El Camino Health’s leading contributions to the field. The next symposium will be held on October 8, 2021 and will feature a keynote presentation on racial and ethnic disparities in the treatment of maternal mental health conditions and access to care. It is underwritten by donations to El Camino Health Foundation, and is free and open to the public.



*Scrivner Center for Mental Health & Addiction Services*

*El Camino Health is one of just two hospitals in the United States with a dedicated inpatient unit for women with a perinatal mood disorder. Mothers and babies can be treated together on the unit during the day, care that is not available anywhere else on the West Coast.*

# New Scholarship Program Established to Develop Nursing Leadership at El Camino Health

El Camino Health Foundation is establishing a Nurse Leader Scholar Program fund that will underwrite graduate school tuition for talented El Camino Health nurses who are interested in taking on healthcare management roles.

Like healthcare organizations across the country, El Camino Health expects a wave of registered nurse (RN) retirements by 2022 that includes many seasoned nursing leaders. At the same time, many frontline nurses express little interest in assuming leadership roles, primarily because they do not have the necessary education and skills to do so. Chief Nursing Officer Cheryl Reinking learned through one-to-one discussions with nurses at El Camino Health that the high cost of the degree programs is the primary limitation.

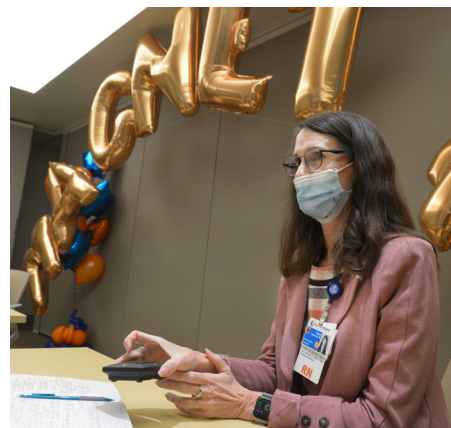
The new Nurse Leader Scholar Program will provide full tuition for two nurses each year to enter either a Master of Science in Nursing (MSN) or a Doctor of Nursing Practice (DNP) degree program at a local university. The valuable knowledge garnered through these advanced two year courses of study “will most certainly lead to nursing leaders who are prepared for the unique challenges of today’s healthcare landscape,” Reinking says.



*This year, our hospitals received a rare 4th consecutive Magnet designation, the highest and most prestigious credential a healthcare organization can achieve for nursing excellence and quality patient care.*

Because the candidates will carry out their DNP project or MSN capstone at El Camino Health with the approval of their supervisor, the scholarships will provide immediate benefit to patients. In addition, the nurse leaders are expected to submit research abstracts to local, regional, and national conferences and the acceptances will support future ANCC Magnet® designations.

Interested candidates will be selected through an application process and the scholars will be expected to stay at El Camino Health for at least two years after earning their degrees. “Evidence indicates that nurse leaders who receive tuition reimbursement and achieve



*CNO Cheryl Reinking, DNP, RN, NEA-BC, who is spearheading the Nurse Leader Scholar Program, says the scholarship recipients’ research projects will also contribute to Magnet designation requirements.*



advance degrees are more likely to stay at their organization,” reports Reinking. Please contact Senior Philanthropy Officer Lindsay Ehrman to learn more about opportunities to support the Nurse Leader Scholar Program.

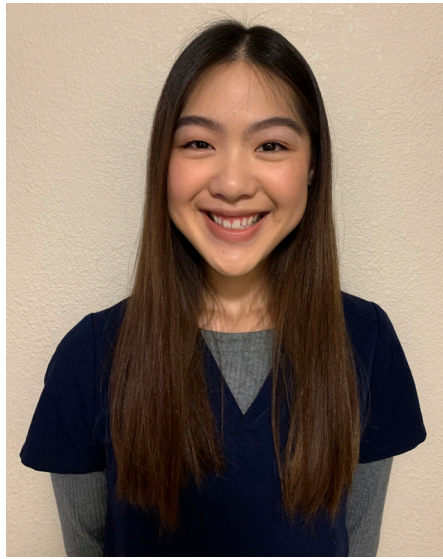
*The valuable knowledge garnered through these advanced two year courses of study will most certainly lead to nursing leaders who are prepared for the unique challenges of today’s healthcare landscape.*

## FOUNDATION AWARDS NURSING SCHOLARSHIPS

In April, El Camino Health Foundation awarded \$22,100 to students pursuing studies in healthcare fields. Eleven received support from the Norma Melchor Nursing Scholarship Endowment and one received a scholarship from the Arlene Reeves Memorial Fund Endowment.

Tina Tran and Elizabeth Nguyen, two Melchor scholarship awardees, are first generation Americans. Fluent in English and Vietnamese, they grew up advocating and translating for their parents and grandparents, and observed the barriers that low-income, non-English speaking community members face when seeking healthcare. "Translating for my grandparents at doctors' visits or the grocery store made me realize I like standing up for people, providing a shoulder for someone to lean on. I hope to be that kind of advocate for my patients in the future," Tina says.

Those experiences resonated when Tina and Elizabeth interned at an East San Jose COVID-19 testing site last summer and saw children translating for their Spanish-speaking parents. Together with some of their fellow interns, they created a fun activity book to teach children about the global pandemic. "In addition to being an educational resource, we wanted it to help families better cope through this difficult time while also learning the facts," explains Elizabeth. Community Health Partnership



Elizabeth Nguyen

helped them secure funding to print and donate 2,800 copies to local school districts and community health clinics. They are now working on a sequel about the vaccine.

Tina will graduate from San Jose State University in December with a BS in nursing and minors in public health and deaf education. "This scholarship lifts a heavy weight off my shoulders," she says. "It is giving me more time to focus on my studies and will allow me to graduate debt free, which means a lot to me." Elizabeth, who is majoring in nursing with a minor in psychology, is in her fourth semester of studies at San Jose State, with two more to go. For her



Tina Tran

too, the scholarship relieves significant financial stress. She is grateful that it will allow her to focus more on school as she pursues her future goals.

*"Translating for my grandparents at doctors' visits or the grocery store made me realize I like standing up for people, providing a shoulder for someone to lean on. I hope to be that kind of advocate for my patients in the future,"*  
- TINA TRAN

## RED ENVELOPE CELEBRATION

A BENEFIT TO HONOR THE  
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SEPTEMBER 2021  
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SUPPORTING A HEALTHY  
CHINESE COMMUNITY  
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# Staying on the Leading Edge at the Cancer Center

El Camino Health has entered into a memorandum of understanding that will lead to a formal agreement with Varian Medical Systems, Inc., a Siemens Healthineers Company, to become a showcase training center. Varian, which is located in Palo Alto, “is the largest radiation oncology company in the world,” says El Camino Health Radiation Oncology Medical Director Robert Sinha, MD. “El Camino Health is now guaranteed to receive the latest technology Varian develops. We will be a demonstration site for Varian’s other customers.”

To date, under the auspices of this agreement, the radiation oncology department has replaced two older technologies. Earlier this year, El Camino Health began treating gynecological and prostate cancers with Bravos™, the latest generation high dose brachytherapy machine. “But the game changer is Ethos™,” says Dr. Sinha, which, in April, replaced the Cyberknife. Ethos uses artificial intelligence and machine learning so radiotherapy treatments can be adapted to changes in patient anatomy, re-optimizing treatment within a few minutes to more precisely target the tumor. This is important when treating disease like prostate cancer, for example, because the nearby bowel, rectum, and bladder naturally change daily. “No other machines can do that,” he adds. El Camino Health is one of only



*The El Camino Health radiation oncology team proudly poses with Ethos, a leading edge technology that uses artificial intelligence and machine learning so radiotherapy treatments can be adapted to changes in patient anatomy over time.*

five hospitals in the United States and the only one west of the Mississippi to have this leading-edge technology. Dr. Sinha successfully treated the first two patients at El Camino Health with Ethos on April 14.

Still to come is the Edge®, which Dr. Sinha expects will be installed in about six months. This will replace the Trilogy linear accelerator, which is considered the workhorse of radiosurgery machines,

and can also be used for Cyberknife treatments. Edge targets tumors with submillimeter accuracy anywhere in the body and can be used for standard day-to-day radiation treatments that don’t require artificial intelligence adaptive technology. Once Edge is installed, El Camino Health will finalize the formal agreement with Varian.

“We are now equipped at this hospital with technology that not even nearby major academic medical centers have,” concludes Dr. Sinha. “That means our patients are going to get the culture of caring we have at El Camino Health but coupled with technology that almost nobody else in this country has. These technologies will allow us to improve outcomes for our patients,” which, for Dr. Sinha is the most important result.



*On April 14, 2021, El Camino Health became the first hospital in California to treat a patient with adaptive intelligence and only the fifth hospital in the country to have Ethos.*

*“El Camino Health is now guaranteed to receive the latest technology Varian develops. We will be a demonstration site for Varian’s other customers.”*

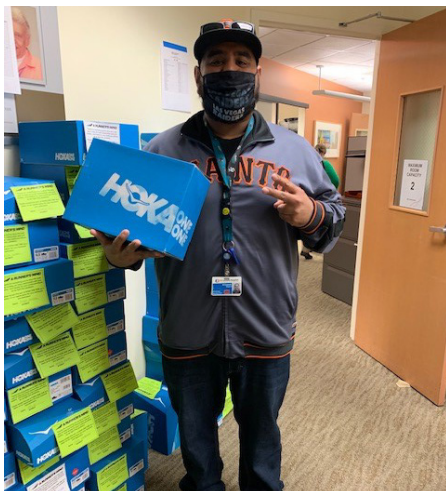
**- ROBERT SINHA, MD**

## COVID-19 EMERGENCY RESPONSE

### HOKA Running Shoe Donation Delights El Camino Health Staff

In February, Nick Kovalski, director of operations for A Runner's Mind Bay Area retailer athletic stores, contacted El Camino Health Foundation, with a unique offer. In support of HOKA's Frontline Give Back Program, A Runner's Mind would donate one pair of HOKA One One running shoes to an El Camino Health worker for every pair purchased at one of their three Bay Area stores for a period of one month, up to a maximum of 130 pairs.

"We know that frontline healthcare workers in our communities have put in a tremendous amount of extra time and effort since the global coronavirus pandemic entered our society," Eileen



Armando Segovia

Urtz, general manager of A Runner's Mind wrote in the formal proposal. This program is "an effort to thank our healthcare workers."

In coordination with the human resources department and Chief Nursing Officer Cheryl Reinking, Foundation Executive Assistant Patricia Keil set up an electronic lottery for more than 3,500 El Camino Health employees. She got in touch with each randomly selected winner, then provided their names and shoe sizes to A Runner's Mind. The store donated 105 pairs of running shoes and attached a personal message of thanks to each shoebox before delivering them to the foundation. Next, Patricia oversaw the distribution. She even mailed the HOKAs to the employees who were unable to visit the foundation during normal business hours and made a special delivery to the Los Gatos campus. For her, it was all in a day's work.

The HOKA running shoe donation is one of many gifts, monetary and in-kind, that the foundation has received from our generous community since launching the COVID-19 Emergency Response Fund in March 2020. To date, the foundation board executive committee in consultation with El Camino Health's



*In addition to managing the HOKA running shoe donation, Foundation Executive Assistant Patricia Keil has facilitated the delivery of thousands of donated meals to El Camino Health staff over the past year and a half.*

executive leadership, has allocated more than \$2.1 million to buttress our hospital's coronavirus strategy, most recently for the purchase of prescription safety goggles for frontline healthcare workers and the high volume vaccination clinic on the LinkedIn campus in Sunnyvale. The remaining funds will continue to be allocated as needed and to further the vaccination and testing effort.

## DONATIONS FUND COVID-19 MOBILE VACCINATION CLINIC

Thanks to generous donations from a private major donor and Google.org, El Camino Health has launched a COVID-19 vaccination van that will reach out to low income community members and ease access for local residents who are willing to be vaccinated if it is convenient.

Hospital staff members are working with Sunnyvale Community Services, Community Services Agency of Mountain View and Los Altos, and the Day Worker

Center of Mountain View in order to reach the underserved population, who will not need health insurance in order to receive a free vaccine. Locations may include school lunch distribution sites, which serve lower-income students and families, and areas that are identified by the cities of Mountain View and Sunnyvale, such as mobile home parks.

In addition, El Camino Health is bringing the van to heavily trafficked locations, where people can pop in for a vaccine as

they go about their business. The first date was June 7 at Egan Junior High in Los Altos, an effort to reach newly eligible teenagers and their families before school lets out. Other potential sites include commercial hubs like Castro Street and the Mountain View Costco.

"The foundation is proud and excited to support this important community vaccination outreach effort," says Foundation President Andrew Cope.

## Hope to Health Grants \$30,000 to Women's Imaging Center

Although the members of Hope to Health (H2H) could not meet in person this past year, they still pooled their dues and voted on the program they would like to philanthropically support at El Camino Health in 2021. The philanthropy council's latest grant will fund additional amenities to enhance the spa-like atmosphere at the new Women's Imaging Center, which is located in the Sobrato Pavilion.

"Our goal is to provide our patients with leading-edge imaging technology in a relaxing, spa-like, tranquil environment," wrote System Director Joshua Schreckengost on the grant application. The grant will fund video art installations and an overhead music system for the waiting areas and exam rooms. "The aim is to complete environment elements already in place that help patients feel less anxious before and during an exam. Research shows that a healing environment can decrease levels of pain, improve patient moods and contribute to more positive health outcomes."

Hope to Health members pool their annual dues to philanthropically support El Camino Health services for women and families. They evaluate grant proposals from hospital departments and vote on the project they wish to fund each year. Since 2006 they have cumulatively contributed more than \$720,000 to support a variety of El Camino Health programs.

"It is very empowering for us to feel that we are not just giving money but we are able to make a choice that will help women and families, and make sure they get access to great care at El Camino Health," says Betsy Dawes, a founding member. The more members, the greater the impact, and new members are always welcome. For more information, contact Special Events Manager Kirsten Krimsley.



## 9th Annual Norma's Literary Luncheon Raises \$150,000 for El Camino Health Wellness Programs

The 9th annual Norma's Literary Luncheon was held virtually on February 4, 2021. Author and *The New Yorker* staff writer Susan Orlean gave the featured presentation, which focused on how she came to write *The Library Book*, one of *The New York Times'* notable books of 2018. She then engaged in a delightful conversation with author Kelly Corrigan, host of the PBS interview program "Tell Me More with Kelly Corrigan" and the podcast "Kelly Corrigan Wonders." This year's fundraiser benefited three El Camino Health wellness programs focused on lifestyle that meet diverse cultural preferences in our community: Lifestyle Medicine, Chinese Health Initiative, and South Asian Heart Center. Nearly 200 people tuned in live or watched a post-event recording.

Ms. Orlean opened by reading an excerpt from the book that described how she developed a love of libraries and reading in childhood, which was nurtured by her mother. As an adult visiting the Los Angeles Public Library with her own kindergarten-age son, she realized that she didn't actually know how a library functioned, particularly a big city library. "That to me is always a great curiosity – take something very familiar that I think I know, and acknowledge that I really don't know a lot about. It gives me that itch and curiosity to figure out how this thing works, what makes it tick." Her talk explored the powerful connection people feel to books and libraries, and why libraries and books matter. "Libraries replicate who we are," she postulated. "They contain all the stories that really matter to us as a community and keep them safe the way an individual really can't."

Kelly Corrigan picked up on that theme with her insightful questions. "We are



Susan Orlean and Kelly Corrigan

a society that builds monuments to stories," she agreed. Together they explored how libraries and democracies relate to each other, and how public funding for them illustrate society's values. "Libraries exist as the portal to knowledge and information," Ms. Orlean explained. They provide a path to education and self-improvement for the betterment of all people that encourages meritocracy. "Part of the richness of the library is being in a place where everybody belongs," added Ms. Corrigan. Both hope awareness of libraries' worth is growing today during the pandemic, when we cannot physically visit them.

Like Susan Orlean, Norma Melchor, who we remember each year at Norma's Literary Luncheon, was an avid reader. She was a strong supporter and generous benefactor of El Camino Health for five decades and met regularly with her book club all that time. Since 2013, the luncheon that bears her name has raised more than \$1 million for El Camino Health programs that help women and families, and it has been generously underwritten by the Melchor family as they carry forward Norma's commitment to the hospital. In opening remarks, El Camino Health Foundation President Andrew T. Cope gratefully acknowledged them and paid tribute to committee members Judie Wolken, Betsy Dawes, and Mary Scrivner "whose creativity, enthusiasm, and love for this event were put to the test this year but only grew stronger." Judie, Betsy and Mary look forward to celebrating the luncheon's 10th anniversary next year.

# Leaving a Legacy of Better Healthcare for Our Community

*"I have seen what the hospital does and I have seen how the foundation uses our donations to support the hospital's centers of excellence. I want these things to continue and I want my money to do something of value," former El Camino Hospital Auxiliary President Mariana Latham explained in 2011, when asked why she made a legacy gift.*

Mariana had a decades-long connection to El Camino Health dating to the late 1950s when she watched the Mountain View hospital being built. She volunteered for the Auxiliary early in her 44-year career as an art and English teacher in the Cupertino School District and rejoined the organization in 2004 when she retired. By 2010, she was the Auxiliary president, responsible for supervising more than 1,000 volunteers on the Los Gatos and Mountain View campuses. Her own experiences as a patient in the emergency department reinforced her commitment to the hospital. "I wouldn't go anywhere else," she said at the time. One of the nurses who took care of her had received an Auxiliary scholarship, which made her even prouder of her volunteer work.

Mariana passed away in November 2020. Her legacy of commitment to our hospitals and the patients we serve lives on through her generous bequest.



*Mariana Latham*

Legacy gifts can take many forms. You can include a bequest in your will or living trust, designate a beneficiary for a life insurance, pension plan, or financial account, or set up a donation that has life income benefits for you, such as a charitable gift annuity or charitable remainder trust. They allow you to meet your income needs, take advantage of current tax incentives, and contribute significantly to the health and longevity of an organization that is meaningful for you. For Mariana, that organization was El Camino Health. "I get 10 times more

than I give," she said of her rewarding service to El Camino Health and our community.

If you are grateful for the medical treatment that you or someone you love received at El Camino Health, you can help to ensure our hospitals continue providing world-class care to future generations by remembering the foundation in your estate plan as Mariana did. Senior Philanthropy Officer Lindsay Ehrman would be happy to discuss your specific goals.

## Creating or updating your estate plan?

### *Do you want to help ensure the continuation of healthcare for present and future generations at El Camino Health?*

Are you facing decisions about retirement planning, capital preservation, and the direction of the assets in your estate? Please consider including a gift to El Camino Health Foundation. When you make a gift intention through your estate to the foundation, you are making an investment in your community – and providing the margin of excellence necessary to sustain a caring, compassionate, and technically advanced medical center.

### **There are several ways you can provide for El Camino Health Foundation in your estate:**

- Name El Camino Health Foundation as a beneficiary of your will or trust.
- Include El Camino Health Foundation as a beneficiary of your retirement plan or life insurance.
- Make a donation to El Camino Health Foundation from your IRA when you need to make a required minimum distribution.



**El Camino Health  
Foundation**

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*Save the Date*

## **25<sup>TH</sup> ANNUAL EL CAMINO HERITAGE GOLF TOURNAMENT**

**MONDAY, OCTOBER 25, 2021  
SHARON HEIGHTS GOLF & COUNTRY CLUB**

Contact Kirsten Krimsley for more information  
[kirsten\\_krimsley@elcaminohealth.org](mailto:kirsten_krimsley@elcaminohealth.org)  
(650) 988-4189

