

Monday

October 2, 2023



Soups

Clam Chowder

Minestrone **VEGETARIAN**

Entrées

General Tso Meatballs

Sweet Chili Gochujang Wings

General Tso Crispy Tofu with Eggplant **VEGETARIAN**

Sides

Steamed Rice | Stir-fry Vegetables

Soups

Chicken Tortilla

House Vegetable

Tuesday

October 3, 2023

Entrées

Beef Barbacoa

Pollo Al Ajillo (Garlic Chicken)

Espinacas con Garbanzos **VEGETARIAN**

Sides

Patatas Bravas | Mediterranean Roasted Vegetables **VEGETARIAN**

Soups

Chicken Coconut Curry

Vegetable Lentil **VEGETARIAN**

Wednesday

October 4, 2023

Entrées

Santa Maria-style Smoked Tri-tip with Salsa Fresca

Seared Barramundi with Pickled Cucumber Salad

Roasted Vegetable Flatbread **VEGETARIAN**

Sides

Turmeric Rice | Roasted Carrots | Warm Bread **VEGETARIAN**

Soups

Potato Leek **VEGETARIAN**

Chicken Sausage Gumbo

Thursday

October 5, 2023

Entrées

Roasted Chicken Leg Quarters

Beef Stroganoff

Vegetable Tortellini with cream sauce **VEGETARIAN**

Sides

Buttered Egg Noodles | Garlic Bread | Broccoli **VEGETARIAN**

Soups

Vegetable Beef Barley

Mediterranean Vegetable **VEGETARIAN**

Friday

October 6, 2023

Entrées

Baked Ratatouille with Mozzarella **VEGETARIAN**

Roasted Leg of Lamb with Mint Chimichurri

Chicken Chasseur

Sides

Roasted Red Potatoes | Roasted Vegetable Medley **VEGETARIAN**

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs.

SPICY Seasoned with or containing spice.