



Monday

December 11, 2023

Soups	Chicken Gumbo
	Cream of Broccoli <b>Vegetarian</b> <i>El Camino Café Culinary Creation</i>
Entrées	Roasted Orange & Rosemary Chicken Breast
	Home-style Beef Meatloaf with Ketchup Glaze
	Lentil & Kidney Bean Tamale Pie roasted corn, roasted vegetables, with red sauce, cheese and polenta crust <b>Vegetarian</b>
Sides	Jasmine Rice, White & Wild Rice Pilaf, Mashed Potatoes and Gravy Chef's Blend, Buttered Corn, Cauliflower

Tuesday

December 12, 2023

Soups	Winter Squash, Eggplant & Tomato Soup <b>Vegetarian</b> <i>El Camino Café Culinary Creation</i>
	Ultimate Baked Potato Soup with Green Onions and Cheese
Entrées	Stuffed Mushroom Spinach, Mushrooms, Artichokes and Quinoa <b>Vegetarian</b>
	Grilled Korean Style Bulgogi Beef Steak
	Cornflake Crusted Cod with Lemon and Parsley
Sides	Jasmine Rice, Kimchi Fried Rice, Roasted Potatoes Chef's Blend, Green Beans, Spinach & Mushrooms

Wednesday

December 13, 2023

Soups	Chicken Cordon Bleu Soup (Cream of Chicken Soup with Bleu Cheese Crumbles and Croutons) <i>El Camino Café Culinary Creation</i>
	Vegetable Mediterranean Soup <b>V PB</b>
Entrées	Thai Green Eggplant Curry with Vegetables <b>Vegetarian</b>
	Sautéed Trout Almondine
	Slow Roasted Beef Pot Roast- carrots, onions, celery and potatoes
Sides	Jasmine Rice, Brown Rice Pilaf, Red Skinned Mashed Potatoes Roasted Baby Carrots, Pacific's Blend, Broccolini

Thursday

December 14, 2023

Soups	Chicken Dumpling
	Black Bean Soup <b>V PB</b> <i>El Camino Café Culinary Creation</i>
	Blackened Tofu Creole (large diced peppers & onions) <b>Vegetarian</b>
Entrées	Crispy Buttermilk Fried Chicken
	Dijon Crusted Salmon with Tarragon Beurre Blanc
Sides	Jasmine Rice, Red Beans & Rice, Roasted Sweet Potatoes Collard Greens, Chef's Blend, Squash Medley Corn Bread

Friday

December 15, 2023

Soups	Clam Chowder <i>El Camino Café Culinary Creation</i>
	Tomato Ravioli <b>Vegetarian</b>
Entrées	Vegetable Chow Mein mushrooms, carrots, snow peas, green onions & cabbage <b>Vegetarian</b>
	Oven Roasted Snapper with Fennel & Tomatoes
	Chicken Osso Bucco with vegetables and broth topped with chopped parsley and grated lemon zest crumble
Sides	Jasmine Rice, Mushroom Risotto <b>V</b> , Chicken Pot Stickers Broccoli, Asparagus Tips, Chef's Blend



Week December 11, 2023 – December 15, 2023

## Global Cuisine

**Monday**

### Mushroom Shawarma *PLANT BASED GF*

tri colored quinoa, cucumbers, tomatoes, grilled pita bread and tahini sauce  
*El Camino Café Lifestyle Medicine Culinary Creation*

**Tuesday**

### Chicken Nachos

fresh holiday tortilla chips, seasoned ground chicken, cheese sauce, tomatoes, onions, beans, cheese sauce, jalapenos, salsa, sour cream and cilantro

**Wednesday**

### Blue Cheese & Chicken Fettucine

with mushrooms, tomatoes, spinach, alfredo sauce

**Thursday**

### Mixed Seafood Curry

salmon, shrimp, tilapia combined with coconut milk, curry and Indian spices

**Friday**

### Bun Ca' (fried fish soup)

crispy barramundi, rice noodles, sliced tomatoes, fresh dill, green onions, sliced limes and jalapenos in a tomato dashi broth

## Café Hours

### Monday – Friday

#### Breakfast

6:30 a.m. – 10:00 a.m.

**(Global & Hot Service Ends 9:45)**

**Closed:** 10:00 a.m. – 11:00 a.m.

#### Lunch

11:00 a.m. – 3:30 p.m.

Global Closes 1:00 p.m.

Hot service ends 2 :00 p.m.

Grill closes 3:00 p.m.

**Closed:** 3:30 p.m. – 4:30 p.m.

#### Dinner

4:30 p.m. – 7:30 p.m.

Hot service ends 7:30 p.m.

Grill 4:30 – 7:00 p.m.

**(No Grillworks)**

**Café Closes at 7:30 PM**

### Weekend/Holidays

## Café Closed

Please join us at the **Bistro** for Breakfast

#### Saturday Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

**(No Grillworks)**

**Closed:** 2:30 p.m. – 4:30 p.m.

#### Saturday Dinner

Hot Food Served 4:30 p.m. – 6:30 p.m.

**(No Global Cuisine - No Grillworks)**

**Café Closes at 7:00 PM**

#### Sunday

11:30 a.m. – 7:00 p.m.

Lunch Hot Meal Service Ends 2:00 p.m.

Grab & Go

Soup, Salad & Sandwiches Available All Day

**(No Grillworks)**

Hot Food Served 4:30 p.m. – 7:00 p.m.

**(No Global Cuisine - (No Grillworks)**

**Café Closes at 7:00 PM**