



Monday

May 19, 2025

Entrées

Chicken & Poblano
French Lentil VEGETARIAN <i>El Camino Café Culinary Creation</i>
Baked Tortellini with spinach, tomatoes, marinara sauce and parmesan & mozzarella cheese VEGETARIAN
Lemon & Herb Baked Chicken Breast
BBQ Glazed Pork Wings GF

Sides

Jasmine Rice **V**, Garlic Rice **V**, Paprika Roasted Potatoes Chef’s Blend, Brussel Sprouts, Cauliflower

Tuesday

May 20, 2025

Entrées

Chili Relleno with chili verde and queso Vegetarian
Spaghetti with Beef Bolognese
Grilled Chicken Breast Florentine

Sides

Jasmine Rice, Spanish Rice, Garlic Bread Spaghetti Squash, Chef’s Blend, Green Beans Almondine

Wednesday

May 21, 2025

Soups

Italian Wedding
Broccoli Cheddar Vegetarian <i>El Camino Café Culinary Creation</i>

Korean Braised Tofu with bok choy, green onions & sesame

Entrées

Bourbon Pork Roast with crispy onions
Roasted Snapper with lemon & caper sauce

Sides

Jasmine Rice, Garlic Roasted Potatoes, Kimchi Fried Rice Chef’s Blend, Swiss Chard, Broccolini

Thursday

May 22, 2025

Soups

Miso Soup VEGETARIAN
Chicken and Wild Rice <i>El Camino Café Culinary Creation</i>
Aloo Palak - garlic, tomato, spinach and potatoes VEGETARIAN

Entrées

Braised Beef Eye of Round with mushroom gravy DF
Almond Crusted Mahi Mahi with pineapple dijon sauce

Sides

Jasmine Rice, Mashed Potatoes & Gravy, Saffron Rice Pilaf Chef’s Blend, Spinach & Mushrooms, Squash Medley

Friday

May 23, 2025

Soups

Clam Chowder <i>El Camino Café Culinary Creation</i>
Tomato Bisque VEGETARIAN

Entrées

Ultimate Grilled Cheese on Sourdough VEGETARIAN
Baked Salmon Fillet with roasted peppers and beurre blanc sauce
Garlic Honey Glazed Chicken Legs

Sides

Jasmine Rice, White & Wild Pilaf, Side Winders Chef’s Blend, Broccoli, Asparagus

El Camino Café Week May 19, 2025 – May 23, 2025 El Camino Health Global Cuisine

Monday



Falafel Wrap *PLANT BASED*

on spinach tortilla, tahini sauce, shredded lettuce, tomatoes, cucumbers, avocado, mint and cilantro

El Camino Café Lifestyle Medicine Culinary Creation

Tuesday

Garlic and Shrimp Pasta

Sauteed shrimp, tomatoes, mushrooms, spinach and penne pasta with a creamy garlic sauce, parmesan cheese and parsley

Wednesday

Corned Beef Philly Rueban

Swiss cheese & sauerkraut on marble rye bread served with a side of fresh chips

Thursday



Friday

Pork Ramen Bowl

Sliced pork, green onions, bok choy, hard boiled egg, mushrooms and crispy corn wedges and sliced lemons with ramen noodles

Café Hours

Monday – Friday

Breakfast

6:30 a.m. – 10:00 a.m.

(Global & Hot Service Ends 9:45)

Closed: 10:00 a.m. – 11:00 a.m.

Lunch

11:00 a.m. – 3:30 p.m.

Global Closes 1:00 p.m.

Hot service ends 2 :00 p.m.

Grill closes 3:00 p.m.

Closed: 3:30 p.m. – 4:30 p.m.

Dinner

4:30 p.m. – 8:00 p.m.

Hot service ends 7:30 p.m.

Grill 4:30 – 7:00 p.m.

(No Grillworks)

Café Closes at 7:30 PM

Weekend/Holidays

Café Closed

Please join us at the **Bistro** for Breakfast

Saturday Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

(No Grillworks)

Closed: 2:30 p.m. – 4:30 p.m.

Saturday Dinner

Hot Food Served 4:30 p.m. – 6:30 p.m.

(No Global Cuisine - No Grillworks)

Café Closes at 7:00 PM

Sunday

11:30 a.m. – 7:00 p.m.

Lunch Hot Meal Service Ends 2:00 p.m.

Grab & Go

Soup, Salad & Sandwiches Available All Day

(No Grillworks)

Hot Food Served 4:30 p.m. – 7:00 p.m.

(No Global Cuisine - (No Grillworks)

Café Closes at 7:00 PM

SPICY Seasoned with or containing spice.

GLUTEN FREE Does not contain gluten or wheat.

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs. **DAIRY FREE** Does not contain dairy products.

PLANT BASED Does not contain meat, fish, fowl dairy & eggs.

MENU SUBJECT TO CHANGE 4