


Monday

July 7, 2025

Entrées

 Clam Chowder **Shell**

 Minestrone **VEG DF GF**

 Sweet & Sour Chicken **DF**

 Sweet & Sour Tofu **DF VEG**

 Coconut-crusted Tilapia **DF**

Sides

 Steamed Rice **DF GF VEG** Stir-fry Vegetables **DF GF VEG**
 Egg Rolls **VEG**

Soups

 Chicken Tortilla **DF GF**

 House Vegetable **DF GF VEG**
Tuesday

July 8, 2025

Entrées

Chicken Tinga

 Beef Barbacoa **VEG**

 Spanish Rice | Frijoles | Elote-style Corn **GF**

Sides

Salsa Roja | Cotija | Onions & Cilantro | Corn Tortillas

Soups

 Chicken Coconut Curry **DF GF**

 Vegetable Lentil **DF GF VEG**
Wednesday

July 9, 2025

Entrées

 Roasted Salmon with Citrus Fennel Salad **DF GF**

 Spinach & Feta Spanakopita **VEG**

 Roasted Lemon Thyme Chicken Thighs **GF DF**

Sides

 Rice Pilaf **VEG** Steamed Asparagus **DF GF VEG**

Soups

 Potato Leek **VEG**

 Chicken Sausage Gumbo **DF**
Thursday

July 10, 2025

Entrées

Burger Steak with Mushroom Gravy

Crispy Fried Chicken with Gravy

 Vegetable Lumpia Shanghai **DF VEG**

Sides

 Adobo Rice **DF VEG** Steamed Broccoli **DF GF VEG**

Soups

 Vegetable Beef Barley **DF**

 Mediterranean Vegetable **DF GF VEG**
Friday

July 11, 2025

Entrées

 Tri Tip with Chimichurri **DF**

 Creamy Cajun Pasta with Chicken & Asparagus **GF**

 Creamy Cajun Vegetable Pasta **VEG**

Sides

 Garlic Bread **VEG** Roasted Potatoes **DF GF VEG** Spinach **DF GF VEG**

(Cafe)Café Creation (DF)Dairy Free (**GF**)Gluten Free (Nuts)Contains Nuts
 (P)Plant Based (Pork)Contains Pork (Shell)Contains
 Shellfish (S)Spicy (VEG)Vegetarian