



Monday
November 3,
2025

Soups

Clam Chowder **Shell**

Minestrone **VEG DF GF**

Entrées

Ale-battered Cod

Chicken & Dumplings with Biscuits

Vegetarian Bean Chili Cheese **VEG**

Sides

Potato Wedges **VEG DF** Steamed Green Beans **VEG DF GF**

Soups

Chicken Tortilla **DF GF**

House Vegetable **VEG DF GF**

Entrées

Jeyuk Bokkeum (Spicy Korean Pork) **DF**

Korean Fried Chicken Wings **DF**

Kimchi Tofu **S VEG DF**

Sides

Steamed Rice **VEG DF GF** Steamed Sesame Broccolini **VEG DF GF**

Soups

Chicken Coconut Curry **DF GF**

Vegetable Lentil **VEG DF GF**

Entrées

Italian Sausage with Peppers & Onions **DF Pork**

Asiago-stuffed Gnocchi with Parmesan Cream **DF VEG**

Garlic Paprika Shrimp with Lemon **Shell GF**

Sides

Creamy Polenta **VEG** Roasted Carrots **VEG DF GF** Bread **VEG**

Salads

Potato Leek **VEG GF**

Chicken Sausage Gumbo

Entrées

Chicken Tikka Masala **GF**

Lamb & Potato Stew **GF**

Vegetable & Potato Samosas **VEG**

Dessert

Basmati Rice **VEG** Masala Cauliflower **VEG DF GF** Garlic Naan **VEG**

Vegetable Beef Barley **DF**

Mediterranean Vegetable **VEG DF GF**

Sumac Roasted Chicken Thighs with Red Onions **GF DF**

Soups

Chick pea Falafel **DF VEG**

Beef Kofta Meatballs **GF DF**

Sides

Quinoa & Couscous **VEG** Steamed Green Beans **VEG DF GF** Pita **VEG**
Tzatziki sauce | Garlic Tahini Sauce | Hummus

Tuesday
November 4,
2025

Wednesday
November 5,
2025

Thursday
November 6,
2025

Friday
November 7,
2025