



Monday
January 26,
2026

Soups

Clam Chowder **Shell**

Minestrone **VEG DF GF**

Entrées

Beef Ropa Vieja **DF GF**

Jerk Chicken **DF GF**

Red Beans, Rice & Vegetables **VEG GF**

Sides

Fried Plantains **VEG DF** Steamed Green Beans **VEG DF GF**

Soups

Chicken Tortilla **DF GF**

Red Pepper Gouda **VEG GF**

Entrées

Jeyuk Bokkeum (Spicy Korean Pork) **DF Pork**

Korean Fried Chicken Wings **DF**

Kimchi Tofu **S VEG DF**

Sides

Steamed Rice **VEG DF GF** Steamed Sesame Broccolini **VEG DF GF**

Soups

Chicken Coconut Curry **DF GF**

Vegetable Lentil **VEG DF GF**

Entrées

Italian Sausage with Peppers & Onions **DF GF Pork**

Tortellini Primavera **VEG**

Italian Beef Stew **GF**

Sides

Creamy Polenta **VEG GF** Roasted Carrots **VEG DF GF** Garlic Sourdough **VEG**

Salads

Potato Leek **VEG GF**

Chicken Sausage Gumbo

Entrées

Chicken Tikka Masala **GF**

Lamb Curry **GF**

Vegetable Samosa **VEG**

Dessert

Basmati Rice **VEG** Masala Cauliflower **VEG DF GF** Garlic Naan **VEG**

Vegetable Beef Barley **DF**

Mediterranean Vegetable **VEG DF GF**

Soups

Sumac Chicken Thighs with Red Onions **GF DF**

Chick Pea Falafel with Tzatziki **GF DF VEG**

Roasted Salmon with Olives & Feta **GF**

Sides

Rice Pilaf **VEG** Honey-Dijon Brussels Sprouts **VEG DF GF**

Friday
January 30,
2026

(Cafe)Café Creation (DF)Dairy Free (GF)Gluten Free (Nuts)Contains Nuts
(P)Plant Based (Pork)Contains Pork (Shell)Contains
Shellfish (S)Spicy (VEG)Vegetarian