



Soups

Ladle & Leaf Grandma Mary's Chicken Noodle

Lentil Curry **VEGETARIAN** El Camino Café Culinary Creation

Monday

March 9, 2026

Entrées

General Tso Tofu Stir-Fry

BBQ Glazed Baked Chicken Breast

Baked Garlic Basil Barramundi with light creamy al burro sauce

Sides

Jasmine Rice V, Black Pearl Medley V, Pot Stickers
Chef's Blend, Brussel Sprouts, Buttered Corn

Soups

Ginger Garlic Chicken Wonton
El Camino Café Culinary Creation

Split Pea and Kale **VEGETARIAN**

Tuesday

March 10, 2026

Entrées

Rajma Masala – North Indian curry with kidney beans simmered in thick onion tomato gravy with spices **VEGETARIAN GF**

Roasted Rockfish with lemon beurre blanc sauce

Grilled Chicken Breast with marinated fresh tomatoes and onion salsa

Sides

Jasmine Rice, Saffron Rice, Paprika Roasted Red Potatoes
Cauliflower, Chef's Blend, Green Beans Almondine

Soups

Zuppa Toscana with Italian Meatballs El Camino Café Culinary Creation

French Onion **Vegetarian GF**

Wednesday

March 11, 2026

Entrées

Falafel Mushroom Loaf

drizzled with chipotle-tahini sauce **VEGETARIAN**

Fajita Chicken with sautéed peppers and onions served with flour tortilla's

Old-Fashioned Beef Stew –Tender beef, onion, carrots, potatoes, peas braised in a rich flavorful beef broth

Sides

Jasmine Rice, Spanish Rice, Pita Bread
Chef's Blend, Swiss Chard, Broccolini

Soups

Cream of Mushroom **Vegetarian** El Camino Café Culinary Creation

Ladle & Leaf Chicken Tortilla with Tortilla Strips

Bulgogi Plant Base Flank Steak –

sautéed in bulgogi sauce and sliced white onion **VEGETARIAN**

Entrées

Chicken Parmesan- breaded chicken breast covered in tomato sauce, mozzarella and parmesan cheese

Hot Honey Garlic Glazed Salmon

Sides

Jasmine Rice, 5 Grain Pilaf, Mashed Garlic Potatoes
Chef's Blend, Asparagus, Cauliflower

Soups

Clam Chowder El Camino Café Culinary Creation

Tomato Bisque **VEGETARIAN**

Entrées

Creamy Tomato Pasta –creamy roasted tomatoes sauce, mushrooms, kale, spinach and penne pasta **VEGETARIAN**

Fried Catfish- crispy cornmeal crusted catfish

Jamaican Jerk Chicken Leg Quarter

Sides

Jasmine Rice, Red Beans & Rice, Sidewinder Fries
Chef's Blend, Broccoli, Green Beans

Friday

March 13, 2026

SPICY Seasoned with or containing spice.

GLUTEN FREE Does not contain gluten or wheat.

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs. **DAIRY FREE** Does not contain dairy products.

PLANT BASED Does not contain meat, fish, fowl dairy & eggs.

MENU SUBJECT TO CHANGE 4



Week March 9, 2026– March 13, 2026

Global Cuisine

Monday

Spiced Chickpea Stew *PLANT BASED*

Spiced turmeric chickpeas, cannellini bean simmered in a ginger garlicky coconut milk, warm lavash bread and fresh mint

El Camino Café Lifestyle Medicine Culinary Creation

Tuesday

Morocco Chicken Tagine

Braised chicken thighs in spices, garlic, onion, olives and preserved lemons over a bed of fluffy cous cous pilaf and sautéed vegetables

Wednesday

Chashu Pork Ramen

Sliced pork belly, ramen noodles, boiled egg, sliced onion, seaweed, bok choy, cilantro and lemon

Thursday

Loaded Baked Potato

Chili con carne, bacon bits, broccoli, shredded cheese, sour cream and chives

Friday

Pork Patty Banh Mi Burger

Grilled patty, garlic mayo, pickled daikon & carrots, cilantro, sliced jalapeno and cucumber on a brioche bun

Café Hours

Monday – Friday

Breakfast

6:30 a.m. – 10:00 a.m.

(Global & Hot Service Ends 9:45)

Closed: 10:00 a.m. – 11:00 a.m.

Lunch

11:00 a.m. – 3:30 p.m.

Global Closes 1:00 p.m.

Hot service ends 2 :00 p.m.

Grill closes 3:00 p.m.

Closed: 3:30 p.m. – 4:30 p.m.

Dinner

4:30 p.m. – 8:00 p.m.

Hot service ends 7:30 p.m.

Grill 4:30 – 7:00 p.m.

(No Grillworks)

Café Closes at 7:30 PM

Weekend/Holidays

Café Closed

Please join us at the **Bistro** for Breakfast

Saturday Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

(No Grillworks)

Closed: 2:30 p.m. – 4:30 p.m.

Saturday Dinner

Hot Food Served 4:30 p.m. – 6:30 p.m.

(No Global Cuisine - No Grillworks)

Café Closes at 7:00 PM

Sunday

11:30 a.m. – 7:00 p.m.

Lunch Hot Meal Service Ends 2:00 p.m.

Grab & Go

Soup, Salad & Sandwiches Available All Day

(No Grillworks)

Hot Food Served 4:30 p.m. – 7:00 p.m.

(No Global Cuisine - (No Grillworks)

Café Closes at 7:00 PM

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