El Camino Café

El Camino Health

Monday
March 23, 2026

Soups
- **Masala Cauliflower** V**GF**PBDF
- **Vegetable Beef Soup with Quinoa** DF**GF** El Camino Café Culinary Creation

Entrées
- **General Tso Mushrooom & Broccoli Stir Fry** Vegetarian PB**DF** (bamboo shoots and vegetables)
- **Beef Pot Roast with Carrots, Onions, Leeks and Celery**DF
- **Seared Trout with Dijon - Chive Butter Sauce**

Sides
Jasmine Rice, Brown Rice Pilaf, Mashed Potatoes with Gravy
Chef's Blend, Brussel Sprouts, Sesame Chinese Long Beans

Tuesday
March 24, 2026

Soups
- **Roasted Red Pepper & Gouda** Vegetarian
- **Chicken Posole** El Camino Café Culinary Creation

Entrées
- **Polenta Parmesan** (Marinara, Mozzarella and Parmesan) Vegetarian**GF**
- **Lemon, Sage and Honey Baked Chicken Breast****GF**
- **Sautéed Sanddabs Almandine**

Sides
Jasmine Rice, Wild Rice, Tortellini Alfredo
Chef's Blend, Butter Corn, Cauliflower

Wednesday
March 25, 2026

Soups
- **Minestrone Soup** El Camino Café Culinary Creation Vegetarian**PB**DF
- **Crab and Corn Chowder**

Entrées
- **Lentil Sheppard Pie** **Vegetarian**
lentils, celery, onions, carrots and corn in pastry shell with savory sauce topped with mashed potatoes
- **Garlic and Lemon Crusted Baked Cod with Roasted Tomatoes**
- **Bourbon Roast Pork with Onion Medley**(Cipollini and Pearl Onions)

Sides
Jasmine Rice, White & Wild Pilaf, Mashed Sweet Potatoes
Chef's Blend, Squash Medley, Glazed Carrots

Thursday
March 26, 2026

Soups
- **Green Chicken Chili**
- **Red Bean & Rice Soup** V**GF**PB**DF** El Camino Café Culinary Creation

Entrées
- **Palak Paneer** **Vegetarian** (Creamy spinach with traditional Indian Spices and paneer cheese)
- **Tortilla Crusted Salmon with Roasted Corn Salsa**
- **Chicken, Mushroom, Kale and Butternut Squash Ravioli & Cream Sauce**

Sides
Jasmine Rice, Saffron Basmati Rice, Naan
Broccolini, Chef's Blend, Green Beans

Friday
March 27, 2026

Soups
- **Alex's Clam Chowder** El Camino Café Culinary Creation
- **Tuscan Bean & Mushroom**V**PB**DF

Entrées
- **Mediterranean Stew & Bulgur Wheat** V PB DF
- **Crab Crusted Red Snapper Fillets**
- **Roasted Hanger Steak with Roasted Garlic Cloves and Rosemary**

Sides
Jasmine Rice, Black Pearl Medley V, Red Skinned Mashed Potatoes V
Cauliflower, Asparagus Tips, Chef's Blend

SPICY Seasoned with or containing spice.   **GLUTEN FREE** Does not contain gluten or wheat.   1
VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs. **DAIRY FREE** Does not contain dairy products**.**
PLANT BASED Does not contain meat, fish, fowl dairy & eggs. Foods prepared in this facility may contain the following allergens… Dairy, Egg, Fish, Seafood Shellfish, Tree Nuts, Peanuts, Wheat, Soy, Sesame. Please ask your server if you have any allergies.
MENU SUBJECT TO CHANGE

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Week March 23, 2026 – March 27, 2026

Global Cuisine

Monday	**Impossible Meat & Noodle Bowl** VGFPB Vegan miso broth: Impossible™ meat, tofu, bean sprouts, broccolini, green onion, corn, red onion, crispy garlic and chili seasoning served with udon noodles *El Camino Café Lifestyle Medicine Culinary Creation*
Tuesday	**Thai Salmon Green Curry Bowl** salmon, sautéed vegetables, served with steamed rice
Wednesday	**French Dip Sandwich** slied prime beef, hoagie roll, aujus, side of cole slaw and fresh chips
Thursday	**Pork Carnitas Sopes** shredded pork, refried beans, shredded lettuce, diced tomatoes, sliced radishes, green onions and cotija cheese on a crunchy corn tortilla
Friday	**Fish Tacos** crunchy cod fillets on flour tortillas with a roasted corn & green goddess slaw

Café Hours

Monday – Friday	Weekend/Holidays
Breakfast 6:30 a.m. – 10:00 a.m. **(Omelet Station Ends 9:45)** **Closed:10:00 a.m.–11:00 a.m.**	**Café Closed for Breakfast** **Please join us at the** *Bistro* for Breakfast
Lunch 11:00 a.m. – 3:30 p.m. **Hot service ends 2:00 p.m.** **Grill closes 3:00 p.m.** **Closed: 3:30 p.m. – 4:30 p.m.**	**Lunch Saturday & Sunday** 11:30 a.m. – 3:30 p.m. **Hot Meal Service Ends 2:00 p.m.** **(No Grillworks)** **Closed: 3:30 p.m. – 4:30 p.m.**
Dinner Hot Food Served 4:30 p.m. – 7:30 p.m. Grill 4:30 p.m. - 7:00 p.m. **Café Closes at 7:30 PM**	**Dinner Saturday & Sunday** Hot Food Served 4:30 p.m. – 7:00 p.m. **(No Global Cuisine – No Grillworks)** **Café Closes at 7:00 PM**

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