



Soups

Masala Cauliflower **VEGETARIAN GF VEGAN**

Chicken & Pasta El Camino Café Culinary Creation

Monday

April 20, 2026

Entrées

Chili Relleno with salsa roja and queso

Bourbon Glazed Pork Roast

Baked Garlic Basil Barramundi with light creamy al burro sauce

Sides

**Jasmine Rice V, Spanish Rice, Black Pearl Medley
Chef's Blend, Brussel Sprouts, Green Beans Almondine**

Soups

Split Pea **VEGETARIAN** El Camino Café Culinary Creation

Beef & Barley

Rajma Masala – North Indian curry with kidney beans simmered in thick onion tomato gravy with spices **VEGETARIAN GF**

Entrées

Roasted Rockfish with lemon beurre blanc sauce

Chicken Parmesan- breaded chicken breast covered in tomato sauce, mozzarella and parmesan cheese

Sides

**Jasmine Rice, Saffron Rice, Mashed Red Skin Potatoes
Cauliflower, Chef's Blend, Buttered Corn**

Soups

Egyptian Lentil El Camino Café Culinary Creation **VEGETARIAN GF**

Jambalaya

Wednesday

April 22, 2026

Entrées

Falafel Strudel

Flaky pastry dough filled with falafel, mushroom, kale, chickpeas and chipotle tahini sauce **VEGETARIAN**

Mediterranean Style Chicken Skillet

Chicken breast, tomatoes, artichoke hearts, olives, peppers and onions

Roasted Hanger Steak with onion gravy

Sides

**Jasmine Rice, Roasted Potatoes, Bulgur Pilaf
Chef's Blend, Swiss Chard, Broccolini**

Soups

Chicken & Squash El Camino Café Culinary Creation

Red Pepper Gouda **VEGETARIAN**

Be'f & Broccoli Stir-Fry Plant Base Flank Steak

Broccoli, peppers and onions with sesame seed and green onions **VEGETARIAN**

Entrées

Grilled Chicken Breast with marinated fresh tomatoes and onion salsa

Roasted Salmon with mango chutney

Sides

**Jasmine Rice, 5 Grain Pilaf, Chicken Pot Stickers
Chef's Blend, Asparagus, Cauliflower**

Soups

Clam Chowder El Camino Café Culinary Creation

Tuscan Bean & Mushroom **VEGETARIAN**

Entrées

Creamy Tomato Pasta –creamy roasted tomatoes sauce, mushrooms, kale, spinach and penne pasta **VEGETARIAN**

Almond Crusted Mahi Mahi topped with fresh mango and coconut basil sauce

Jamaican Jerk Chicken Leg Quarter

Sides

**Jasmine Rice, Red Beans & Rice, Plantains
Chef's Blend, Broccoli, Green Beans**

Friday

April 24, 2026

SPICY Seasoned with or containing spice. **GLUTEN FREE** Does not contain gluten or wheat.

VEGETARIAN Does not contain meat, fish or fowl; may contain dairy & eggs. **DAIRY FREE** Does not contain dairy products.

PLANT BASED Does not contain meat, fish, fowl dairy & eggs.

MENU SUBJECT TO CHANGE 5



Week April 20, 2026– April 24, 2026

Global Cuisine

Monday

Mushroom Melt *PLANT BASED*

Sliced Portobello mushroom, grilled onions, tomato, vegan cheddar cheese and house made pesto aioli on sourdough bread served with a side of fresh chips
El Camino Café Lifestyle Medicine Culinary Creation

Tuesday

Nacho Tuesday!!

Seasoned ground beef, queso blanco sauce, tomatoes, onions, jalapenos, olives, sour cream, guacamole and fresh tortilla chips

Wednesday

Chicken Banh Mi

Braised chicken thighs, garlic mayo, pickled daikon & carrots, cilantro, sliced jalapeno and cucumber on a french roll

Thursday

Chinese Chicken Salad with Mandarin Oranges

Chicken breast, mixed greens, red cabbage, cilantro, toasted almonds, mandarin oranges, green onions, shredded carrots and crispy wontons

Friday

Chicken & Waffles

Crispy chicken strips, buttermilk waffle served with warm habanero bacon maple syrup and a side of coleslaw

Café Hours

Monday – Friday

Breakfast

6:30 a.m. – 10:00 a.m.

(Global & Hot Service Ends 9:45)

Closed: 10:00 a.m. – 11:00 a.m.

Lunch

11:00 a.m. – 3:30 p.m.

Global Closes 1:00 p.m.

Hot service ends 2 :00 p.m.

Grill closes 3:00 p.m.

Closed: 3:30 p.m. – 4:30 p.m.

Dinner

4:30 p.m. – 8:00 p.m.

Hot service ends 7:30 p.m.

Grill 4:30 – 7:00 p.m.

(No Grillworks)

Café Closes at 7:30 PM

Weekend/Holidays

Café Closed

Please join us at the **Bistro** for Breakfast

Saturday Lunch

11:30 a.m. – 2:30 p.m.

Hot service ends 2:00 p.m.

(No Grillworks)

Closed: 2:30 p.m. – 4:30 p.m.

Saturday Dinner

Hot Food Served 4:30 p.m. – 6:30 p.m.

(No Global Cuisine - No Grillworks)

Café Closes at 7:00 PM

Sunday

11:30 a.m. – 7:00 p.m.

Lunch Hot Meal Service Ends 2:00 p.m.

Grab & Go

Soup, Salad & Sandwiches Available All Day

(No Grillworks)

Hot Food Served 4:30 p.m. – 7:00 p.m.

(No Global Cuisine - (No Grillworks)

Café Closes at 7:00 PM

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