

**Monday**  
May 18, 2026

Soups	Clam Chowder <b>Shell</b>
	Minestrone <b>DF VEG</b>
Entrées	<b>Meatball Marinara <b>Pork</b></b>
	Creamy Mushroom Pesto <b>VEG</b>
	Chicken Alfredo
Sides	Fettuccine <b>VEG</b> Garlic Sourdough <b>VEG</b>

**Tuesday**  
May 19, 2026

Soups	Chicken Tortilla <b>DF GF</b>
	Roasted Red Pepper & Gouda <b>VEG GF</b>
	<b>Pork Carnitas <b>DF GF</b></b>
	Chicken Tinga <b>DF GF</b>
Sides	Spanish Rice <b>VEG DF GF</b> Pinto Beans <b>VEG DF GF</b> Elote Corn <b>VEG</b>
	Corn Tortilla   Salsa Verde   Sour Cream   Onions & Cilantro <b>VEG</b>

**Wednesday**  
May 20, 2026

Soups	Chicken Coconut Curry <b>DF GF</b>
	Vegetable Lentil <b>VEG DF GF</b>
Entrées	<b>Baked White fish with Tomatoes &amp; Olives <b>GF</b></b>
	Spinach & artichokes with white beans <b>VEG GF</b>
	Garlic Lemon Chicken Thighs <b>GF DF</b>
Sides	Rice Pilaf <b>VEG GF</b> Green Beans <b>VEG DF GF</b>

**Thursday**  
**POKE BAR**  
May 21, 2026

Soups	Potato Leek <b>GF VEG</b>
	Chicken Sausage Gumbo
Entrées	<b>Spicy Mayo Salmon   Shoyu Ahi Tuna   Crispy Tofu <b>DF</b></b>
	Crab Salad   Steamed Rice   Vegetable Egg Roll <b>VEG DF</b>
	Wakame Salad   Mango   Avocado   Pickled Ginger <b>DF</b>
Sides	Cucumbers   Edamame   Cilantro   Nori   Wasabi <b>VEG DF GF</b>

**Friday**  
May 22, 2026

Soups	Vegetable Beef Barley
	Mediterranean Vegetable <b>GF DF VEG</b>
Entrées	<b>Thai Beef Curry <b>GF DF</b></b>
	Vegetable Egg Rolls <b>DF VEG</b>
	Thai Basil Chicken <b>DF</b>
Sides	Steamed Rice <b>GF DF VEG</b> Stir-fry Vegetables <b>GF DF VEG</b>

(Cafe)Café Creation (DF)Dairy Free (GF)Gluten Free (Nuts)Contains Nuts  
(P)Plant Based (Pork)Contains Pork (Shell)Contains Shellfish (S)Spicy (VEG)Vegetarian