

BEHAVIORAL HEALTH SERVICES

CCP

Continuing Care Program

SCOPE OF TREATMENT

WHO SPECIFICALLY IS TREATED IN THIS PROGRAM

Adult patients with psychotic symptoms that do not, or no longer require inpatient care but do require intensive treatment and monitoring. This program is designed for the patients with first or second break who require a longer time to recover and specialized programming to assist in that recovery (PHP ICU). Focus is on symptom management and acceptance. It is also designed for patient with SMI in acute exacerbation who needs intensive treatment to stabilize and return to community activities. Program is very tolerant of symptoms and operates in small groups and a slower pace than the typical PHP. Weekly family education group as well as involvement of NAMI in treatment program. Diagnoses might be schizophrenia, schizophreniform, psychosis NOS, bipolar-manic with psychosis; depression with psychosis. Family/social support required to insure positive outcome. Aftercare planning an important part of program.

WHO TO REFER

Patients who have chronic mental illness in acute exacerbation who do not require inpatient care but require more intensive treatment and intensive medication management. Stepdown from inpatient into a "PHP ICU" for intensive management of symptoms and development of coping skills.

EXCLUSIONARY CRITERIA

Patients who do not want to seek treatment; patients who are unwilling to follow treatment plan (refuse medication, refuse attendance); active substance dependence; patients who are a potential threat to others (very aggressive, history of violence); patients with primary insurance MediCal; patients who have no social support.

OTHER PERTINENT INFORMATION

Voluntary program, not crisis services. Requires in person assessment prior to admission on scheduled basis.

APPROPRIATE CONTACT INFORMATION FOR PROGRAM

Intake line 650-988-8468 or toll-free at 866-789-6089

LOCATION

MOUNTAIN VIEW

El Camino Hospital's Old Main Hospital
Outpatient Behavioral Health Services
2500 Grant Road, Mountain View, 94040

WEBSITE

http://www.elcaminohospital.org/Programs_and_Services/Behavioral_Health/Continuing_Care_Program