

BEHAVIORAL HEALTH SERVICES

Inpatient

SCOPE OF TREATMENT

WHO SPECIFICALLY IS TREATED IN THIS PROGRAM

Adults with acute psychiatric disorder requiring 24 hour care primarily for safety and intensive medication management. Inpatient care is brief in nature with the average length of stay five to seven days. Co-ed unit with an intensive care area for patients who require the most care. Seen by psychiatrist daily. Social work, psychological, and occupational therapies are integral part of program. Once acute crisis/symptoms more manageable, focus is on aftercare planning. Safety and crisis stabilization primary goals of inpatient care. Philosophy of care

is wellness/recovery with aim to reduce stigma.

In conjunction with our outpatient Maternal Outreach Mood Services, we offer inpatient treatment for women experiencing postpartum depression or other symptoms of perinatal mood conditions.

HOW AND WHO TO REFER

Patients in acute crisis with symptoms that pose a danger to self, others, or grave disability and as a result require 24 hour care to resolve the immediate situation. Patients are admitted through the El Camino Hospital emergency room where they are first assessed for medical status and then are seen by psychiatric clinicians (Psychiatric Emergency Services) who evaluate for admission in consultation with the on-call psychiatrist. This service is available 24 hours a day, 7 days a week. The emergency room at El Camino Hospital is a general emergency room and patients are triaged by order of acute need.

EXCLUSIONARY CRITERIA

Patients with primary diagnosis dementia, substance dependence/abuse/withdrawal; adolescents; primary

diagnosis and needs inpatient eating disorder specialty treatment (anorexia, bulimia); patients with co-occurring medical condition that requires IVs, catheter, tubes, etc.; non-ambulatory patients; patients who cannot benefit from active psychiatric care (severe brain injury without an acute psychiatric disorder).

OTHER PERTINENT INFORMATION

Bed capacity: 24. Very few private rooms, semi-private. Bed assignment depends on acuity, gender, treatment plan, and preference.

APPROPRIATE CONTACT INFORMATION FOR PROGRAM

To discuss immediate crisis admission, call Psychiatric Emergency Services (PES). You may do so by calling main hospital 650-940-7000 and asking operator to connect you to Vocera: PES. If less urgent, call inpatient unit 650-988-8468 which will direct you to leave a message for a call-back or provide you with a clinician to speak with.

Inpatient nurse manager

Digant Dave, RN, MS, 650-988-7976

Clinical director

Barbara Mocnik, RN, CNS, 650-940-7187

LOCATION

MOUNTAIN VIEW

2500 Grant Road, Mountain View 94040

WEBSITE

http://www.elcaminohospital.org/Programs_and_Services/Behavioral_Health/Acute_Inpatient_Psychiatry