

**BEHAVIORAL HEALTH SERVICES**

# Addiction Services Evening Program (ASP)

## SCOPE OF TREATMENT

### WHO SPECIFICALLY IS TREATED IN THIS PROGRAM

The Addiction Services Program is an evening, abstinence based, intensive outpatient program for adults who require treatment for substance use disorder. This is a 12 week program with sessions three days per week. Comprehensive treatment includes evidence-based approaches: stages of change, motivational interviewing, dialectical behavioral therapy and mindfulness. The program structure includes group and individual sessions. Individuals admitted to the program will be under the care of a psychiatrist dedicated to the program. The patient is seen by the psychiatrist at admission and then followed by the doctor as needed until discharge. All members of the treatment team are professionally licensed staff with experience in the field of addiction medicine.

### WHO TO REFER

Individuals who are experiencing significant problems in life due to alcohol or other substance use. May have a comorbid psychiatric disorder that is stable.

If a medically supervised recovery is indicated our medical staff would develop a treatment plan. If an individual requires a medication taper to stop using a substance the treating psychiatrist will work with the patient and primary care physician if possible to establish a plan. Staff is suboxone certified.

The program team will also work with individuals who need to complete a treatment program for legal purposes. If actively using, we require patient stop at time of admission.

## CONSIDERATIONS PRIOR TO REFERRAL

For individuals with a severe alcohol/drug dependence at risk for life-threatening withdrawal, care can be coordinated and a medical detox can be provided through a inpatient facility for detoxification. Community support groups are an integral part of program.

## OTHER PERTINENT INFORMATION

Admission requires in-person assessment (no charge). Potential patient must telephone for appointment. We accept referrals from primary care, community providers, residential, inpatient programs, and from family or self-referrals. The cost of services is covered, in-network, by most commercial payors. MediCal and Tricare/Triwest do not cover Intensive Outpatient Program care. Please connect with the El Camino Hospital Patient Assistance program if needed.

## APPROPRIATE CONTACT INFORMATION FOR PROGRAM

**Addiction services intake line: 866-789-6089**

## LOCATION

### MOUNTAIN VIEW

El Camino Hospital's Old Main Hospital  
Outpatient Behavioral Health Services  
2500 Grant Road, Mountain View, 94040

## WEBSITE

[www.elcaminohospital.org/addictionservices](http://www.elcaminohospital.org/addictionservices)